

# February 2020



Arbor Lakes Senior Living  
 East Memory Care Activity Calendar  
 12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding.						<b>1</b> 10:00 Morning Walk 11:00 Balloon Toss 11:30 Lunch 12:30 Musical 2:45 Jigsaw Puzzles 3:30 Ring Toss 4:30 Supper 5:30 Finishing Lyrics 5:50 Name that Place
<b>2</b> 10:00 Sunday Devotions 11:00 Paddle Ball 11:30 Lunch 12:30 Barrel of Laughs 2:45 Dominoes 3:30 Bean Bag Toss 4:30 Supper 5:30 Hymn Sing 5:50 Reminisce	<b>3</b> 10:00 Party Decorating 11:00 Meditation & Stretching 11:30 Lunch 12:30 Everyone Loves Raymond <b>3:00 February Birthday Treats and Games</b> 4:30 Supper 5:30 Outburst 5:50 Singalong	<b>4</b> 10:00 Morning Walk 11:00 Balloon Toss 11:30 Lunch 12:30 TV Classics 2:45 Black Jack 3:30 Parachute Fun 4:30 Supper 5:30 Reading Round Table 5:50 Thanks for the Memories	<b>5</b> 10:00 Morning Inspirations 11:00 Paddle Ball 11:30 Lunch 12:30 <b>Number Bingo w/Ellen</b> 2:45 Bowling 3:30 Word Games 5:30 Penny Ante 6:00 Dementia Caregiver's Support Group	<b>6</b> 10:00 Morning Visits 11:00 Moving to the Music 12:30 Westerns 2:45 <b>Make Your Own Valentine Project</b> 4:30 Supper 5:30 Chicken Soup Stories 5:50 Singalong	<b>7</b> 9:45 Veteran's Visits 10:00 Current Events 11:00 Noodle Ball 12:30 Polka Spotlight 1:45 <b>"Moose is on the Loose Talk" w/ Naturalist Melonie Shipman (CR)</b> 5:30 Tabletop Games 5:50 Author & Literature Circle	<b>8</b> 10:00 Morning Walk 11:00 Balloon Toss 11:30 Lunch 12:30 Musical 2:45 Winter Bingo 3:45 Hand Massages 4:30 Supper 5:30 Finishing Lyrics 5:50 <b>Sunset Piano Music</b>
<b>9</b> 10:00 Sunday Devotions 11:00 Paddle Ball 11:30 Lunch 12:30 Barrel of Laughs 2:45 Sweep Six Dice Game 3:30 Bean Bag Toss 4:30 Supper 5:30 Hymn Sing 5:50 <b>Piano Melodies</b>	<b>10</b> 10:00 Finishing Lines 11:00 Meditation & Stretching 11:30 Lunch 12:30 Everyone Loves Raymond 2:45 Picture This 3:30 Ladder Ball 4:30 Supper 5:30 Outburst 5:50 Singalong	<b>11</b> 10:00 Morning Walk 11:00 Balloon Toss 11:30 Lunch 12:30 TV Classics 2:45 Black Jack 3:30 Twister 4:30 Supper 5:30 Reading Round Table 5:50 Thanks for the Memories	<b>12</b> 10:00 Morning Inspirations 11:00 Paddle Ball 11:30 Lunch 12:30 <b>Number Bingo w/Ellen</b> 2:45 Bowling 3:50 <b>Floral Creations of Love with Vicki</b> 5:30 Penny Ante 5:50 <b>Worship Service</b>	<b>13</b> 10:00 Morning Visits 11:00 Moving to the Music 11:30 Lunch 12:30 Westerns 2:45 Card Bingo 3:30 Decorate Heart Shaped Cookies 5:30 Chicken Soup Stories 5:50 Singalong	<b>14</b> <b>Happy Valentine's Day</b> 9:45 Veteran's Visits 10:30 <b>"Songs from the Heart" with Bill Mann</b> 12:30 Polka Spotlight 2:45 Spin the Bottle 3:30 <b>Sweetheart Social</b> 5:30 Valentine's Word Scramble 5:50 Author & Literature Circle	<b>15</b> 10:00 Morning Walk 11:00 Balloon Toss 11:30 Lunch 12:30 Musical 2:45 Jigsaw Puzzles 3:30 Ring Toss 4:30 Supper 5:30 Finishing Lyrics 5:50 Name that Place
<b>16</b> 10:00 Sunday Devotions 11:00 Paddle Ball 11:30 Lunch 12:30 Barrel of Laughs 2:45 Sweep Six Dice Game 3:30 Bean Bag Toss 4:30 Supper 5:30 Hymn Sing 5:50 Reminisce	<b>17</b> <b>President's Day</b> 10:00 Finishing Lines 11:00 Meditation & Stretching 11:30 Lunch 12:30 Everyone Loves Raymond 2:45 <b>American Presidents</b> 3:30 Ladder Ball 5:30 Outburst 5:50 Singalong	<b>18</b> 10:00 Morning Walk 11:00 Balloon Toss 11:30 Lunch 12:30 TV Classics 2:45 Black Jack 3:30 Parachute Fun 4:30 Supper 5:30 Reading Round Table 5:50 Thanks for the Memories	<b>19</b> 10:00 <b>Maple Grove MOMS Club Children's Visit</b> 11:30 Lunch 12:30 <b>Number Bingo w/Ellen</b> 2:45 Bowling 3:30 Word Games 4:30 Supper 5:30 Penny Ante 5:50 <b>Worship Service</b>	<b>20</b> 10:00 Morning Visits 11:00 Moving to the Music 11:30 Lunch 12:30 Westerns 2:45 Card Bingo 3:30 Horse Shoes 4:30 Supper 5:30 Chicken Soup Stories 5:50 Singalong	<b>21</b> 9:45 Veteran's Visits 10:00 Current Events 11:00 Noodle Ball 12:30 Polka Spotlight 2:45 Career Talk 3:30 Happy Hour 4:30 Supper 5:30 Tabletop Games 5:50 Author & Literature Circle	<b>22</b> 10:00 Morning Walk 11:00 Balloon Toss 11:30 Lunch 12:30 Musical 2:45 Winter Bingo 3:30 Golf 4:30 Supper 5:30 Finishing Lyrics 5:50 <b>Sunset Piano Music</b>
<b>23</b> 10:00 Sunday Devotions 11:00 Paddle Ball 11:30 Lunch 12:30 Barrel of Laughs 2:45 Sweep Six Dice Game 3:30 Bean Bag Toss 4:30 Supper 5:30 Hymn Sing 5:50 <b>Piano Melodies</b>	<b>24</b> <b>Flag Day</b> 10:00 Finishing Lines 11:00 Meditation & Stretching 12:30 Everyone Loves Raymond 2:45 <b>History of Flag Day</b> 3:30 Ladder Ball 4:30 Supper 5:30 Outburst 5:50 Singalong	<b>25</b> 10:00 Morning Walk 11:00 Balloon Toss 11:30 Lunch 12:30 TV Classics 2:45 Black Jack 3:30 Twister 4:30 Supper 5:30 Reading Round Table 5:50 Thanks for the Memories	<b>26</b> 10:00 Morning Inspirations 11:00 Paddle Ball 11:30 Lunch 12:30 <b>Number Bingo w/Ellen</b> 2:45 Bowling 3:30 Word Games 4:30 Supper 5:30 Penny Ante 5:50 <b>Worship Service</b>	<b>27</b> 10:00 Morning Visits 11:00 Moving to the Music 11:30 Lunch 12:30 Westerns 2:30 Decorate Bulletin Board 3:30 Horse Shoes 4:30 Supper 5:30 Chicken Soup Stories 5:50 Singalong	<b>28</b> 9:45 Veteran's Visits 10:00 <b>Scripture Reading w/Russ</b> 11:00 Noodle Ball 12:30 Polka Spotlight 2:45 Winter Sports 3:30 Happy Hour 4:30 Supper 5:30 Tabletop Games 5:50 Author & Literature Circle	<b>29</b> 10:00 Morning Walk 11:00 Balloon Toss 11:30 Lunch 12:30 Musical 2:45 Jigsaw Puzzles 3:30 Ring Toss 4:30 Supper 5:30 Finishing Lyrics 5:50 Name that Place