

# July 2019



Arbor Lakes Senior Living  
West Memory Care Activity Calendar  
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>10:30</b> Morning Visits <b>12:00</b> Meditation & Stretching <b>12:45</b> Lunch <b>1:15</b> Musical Twister <b>4:00</b> Table Games <b>4:45</b> Ring Toss <b>5:45</b> Supper <b>6:30</b> <b>Worship Service</b>	<b>2</b> <b>10:30</b> Morning Walk <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:30</b> <b>Salute to America</b> <i>Music by Jenni Thyng</i> <b>4:00</b> Qwirkle <b>4:45</b> Bean Bag Toss <b>6:30</b> <b>America the Beautiful</b>	<b>3</b> <b>11:20</b> <b>July Birthday Party:</b> <b>"Laughs for Life" w/</b> <i>Ventriloquist Kevin Doely</i> <b>12:45</b> Lunch <b>1:15</b> Word Games <b>4:00</b> Number Bingo <b>4:45</b> Horse Shoes <b>5:45</b> Supper <b>6:30</b> Singalong	<b>4</b> <b>Independence Day!</b> <b>10:30</b> Morning Visits <b>12:00</b> Moving to Patriotic Music <b>12:45</b> Lunch <b>1:15</b> Finishing Patriotic Lyrics <b>4:00</b> <b>Watermelon Social</b> <b>4:45</b> Patriotic Singalong <b>5:45</b> Supper <b>6:30</b> Independence Day Facts	<b>5</b> <b>9:45</b> Veteran's Visits <b>10:30</b> Current Events <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> Outburst <b>4:00</b> Summertime Sippin <b>4:45</b> Patio Time <b>5:45</b> Supper <b>6:30</b> Name that Animal	<b>6</b> <b>10:30</b> Morning Walk <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Finishing Lines <b>4:00</b> Card Bingo <b>4:45</b> Piano Music w/ Andy <b>5:45</b> Supper <b>6:30</b> Evening Stroll
	<b>7</b> <b>10:30</b> Sunday Devotions <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Hymn Sing <b>4:00</b> Jigsaw Puzzles <b>4:45</b> Ladder Ball <b>5:45</b> Supper <b>6:30</b> Piano Music w/ Andy	<b>8</b> <b>10:30</b> Morning Visits <b>12:00</b> Meditation & Stretching <b>12:45</b> Lunch <b>1:15</b> Musical Twister <b>4:00</b> Table Games <b>4:45</b> Ring Toss <b>5:45</b> Supper <b>6:30</b> Hand Massage	<b>9</b> <b>10:30</b> Morning Walk <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Call Out the Answer <b>4:00</b> <b>Science Experiment:</b> <b>Snowstorm in a Jar</b> <b>5:45</b> Supper <b>6:30</b> Reminisce	<b>10</b> <b>10:30</b> Patio Gardening <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Word Games <b>4:00</b> Number Bingo <b>4:45</b> <b>History of Dance</b> <b>5:45</b> Supper <b>6:30</b> <b>Devotion &amp; Prayers</b>	<b>11</b> <b>10:30</b> Morning Visits <b>12:00</b> Moving to the Music <b>12:45</b> Lunch <b>1:15</b> Finishing Lyrics <b>4:00</b> Sweep Six Dice Game <b>4:45</b> Rhythm Band <b>5:45</b> Supper <b>6:30</b> Chicken Soup Stories	<b>12</b> <b>9:45</b> Veteran's Visits <b>10:30</b> Current Events <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> Outburst <b>4:00</b> Summertime Sippin <b>4:45</b> Patio Time <b>5:45</b> Supper <b>6:30</b> Name that Animal
<b>14</b> <b>10:30</b> Sunday Devotions <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Hymn Sing <b>4:00</b> Jigsaw Puzzles <b>4:45</b> Ladder Ball <b>5:45</b> Supper <b>6:30</b> Thanks for the Memories	<b>15</b> <b>10:30</b> Morning Visits <b>12:00</b> Meditation & Stretching <b>12:45</b> Lunch <b>1:15</b> Musical Twister <b>4:00</b> Table Games <b>4:45</b> <b>Bonsai Tree Talk</b> <b>5:45</b> Supper <b>6:30</b> Evening Piano w/Andy	<b>16</b> <b>10:30</b> Morning Walk <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Call Out the Answer <b>4:00</b> Qwirkle <b>4:45</b> Bean Bag Toss <b>5:45</b> Supper <b>6:30</b> Reminisce	<b>17</b> <b>10:30</b> Patio Gardening <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Word Games <b>4:00</b> Number Bingo <b>4:45</b> <b>Worship Service</b> <b>5:45</b> Supper <b>6:30</b> Piano Tunes w/ Vicki	<b>18</b> <b>10:30</b> Morning Visits <b>12:00</b> Moving to the Music <b>12:45</b> Lunch <b>1:15</b> Finishing Lyrics <b>4:00</b> Sweep Six Dice Game <b>4:45</b> Singalong <b>5:45</b> Supper <b>6:30</b> Chicken Soup Stories	<b>19</b> <b>9:45</b> Veteran's Visits <b>10:30</b> Current Events <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> Outburst <b>4:00</b> Summertime Sippin <b>4:45</b> Patio Time <b>5:45</b> Supper <b>6:30</b> Name that Animal	<b>20</b> <b>10:30</b> Morning Walk <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Finishing Lines <b>4:00</b> Card Bingo <b>4:45</b> Piano Music w/ Andy <b>5:45</b> Supper <b>6:30</b> Evening Stroll
<b>21</b> <b>10:30</b> Sunday Devotions <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Hymn Sing <b>4:00</b> Jigsaw Puzzles <b>4:45</b> Ladder Ball <b>5:45</b> Supper <b>6:30</b> Piano Music w/ Andy	<b>22</b> <b>10:30</b> Morning Visits <b>12:00</b> Meditation & Stretching <b>12:45</b> Lunch <b>1:15</b> Musical Twister <b>4:00</b> Table Games <b>4:45</b> Ring Toss <b>5:45</b> Supper <b>6:30</b> Hand Massage	<b>23</b> <b>10:30</b> Morning Walk <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Call Out the Answer <b>4:00</b> Qwirkle <b>4:45</b> Bean Bag Toss <b>5:45</b> Supper <b>6:30</b> Reminisce	<b>24</b> <b>10:30</b> Patio Gardening <b>12:00</b> Paddle Ball <b>12:45</b> <b>Homestyle Brunch</b> <b>1:15</b> Movie Matinee <b>4:00</b> Number Bingo <b>4:45</b> <b>Worship Service</b> <b>5:45</b> Supper <b>6:30</b> Piano Tunes w/ Vicki	<b>25</b> <b>10:30</b> Decorate Bulletin Board <b>12:00</b> Moving to the Music <b>12:45</b> Lunch <b>1:15</b> Finishing Lyrics <b>4:00</b> Sweep Six Dice Game <b>4:45</b> Rhythm Band <b>5:45</b> Supper <b>6:30</b> Chicken Soup Stories	<b>26</b> <b>9:45</b> Veteran's Visits <b>10:30</b> <b>Scripture Reading w/ Russ</b> <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> Outburst <b>4:00</b> Summertime Sippin <b>4:45</b> Patio Time <b>5:45</b> Supper <b>6:30</b> Name that Animal	<b>27</b> <b>10:30</b> Morning Walk <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Finishing Lines <b>4:00</b> Card Bingo <b>4:45</b> Singalong <b>5:45</b> Supper <b>6:30</b> Evening Stroll
<b>28</b> <b>10:30</b> Sunday Devotions <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Hymn Sing <b>4:00</b> Jigsaw Puzzles <b>4:45</b> Ladder Ball <b>5:45</b> Supper <b>6:30</b> Thanks for the Memories	<b>29</b> <b>10:30</b> Morning Visits <b>12:00</b> Meditation & Stretching <b>12:45</b> Lunch <b>1:15</b> Musical Twister <b>4:00</b> Table Games <b>4:45</b> Ring Toss <b>5:45</b> Supper <b>6:30</b> Evening Piano w/Andy	<b>30</b> <b>10:30</b> Morning Walk <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Call Out the Answer <b>4:00</b> Qwirkle <b>4:45</b> Bean Bag Toss <b>5:45</b> Supper <b>6:30</b> Reminisce	<b>31</b> <b>10:30</b> Patio Gardening <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Word Games <b>4:00</b> Number Bingo <b>4:45</b> <b>Worship Service</b> <b>5:45</b> Supper <b>6:30</b> Piano Tunes w/ Vicki			<p><i>Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding!</i></p>