

February 2019



Arbor Lakes Senior Living
 12001 80th Avenue North Maple Grove, MN 55369
 Chef / Reservations: 763-575-7026
 Email: jeanh@arborlakesseniorking.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p>Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>				<p>1</p> <p>Noontime Dinner Herb Crusted Cod OR Broccoli & Cheese Stuffed Chicken</p> <p>Evening Supper Cuban Sandwich OR Grandmothers Hamburger Gravy</p>	<p>2</p> <p>Noontime Dinner BBQ Pork Ribs OR Coconut Tilapia</p> <p>Evening Supper Lobster Egg Salad OR Macaroni & Cheese with Kielbasa</p>
<p>3</p> <p>Noontime Dinner Midwest Meatloaf OR Chicken Cordon Blue</p> <p>Evening Supper Tavern Battered Fish Sandwich OR Country Biscuit & Gravy</p>	<p>4</p> <p>Noontime Dinner Country Fried Steak OR Chicken Ala King</p> <p>Evening Supper Hamburger Steak OR Wisconsin Beer Brat</p>	<p>5</p> <p>Noontime Dinner Salisbury Steak OR Poached Halibut with Citrus Aioli</p> <p>Evening Supper Egg Salad Sandwich OR Amish Beef Casserole</p>	<p>6</p> <p>Noontime Dinner Oven Roasted Turkey Dinner OR Grilled Beef Tenderloin</p> <p>Evening Supper Stuffed French Toast OR Beef Taco Salad</p>	<p>7</p> <p>Noontime Dinner Broiled Cod w/Lemon Basil Sauce OR Beer Cheese Chicken Fondue</p> <p>Evening Supper Jumbo Hot Dog OR Chicken Enchilada</p>	<p>8</p> <p>Noontime Dinner Poached Citrus Salmon OR Pork Prime Rib</p> <p>Evening Supper London Fish & Chips OR Grilled Ham & Cheese</p>	<p>9</p> <p>Noontime Dinner Country Style Pork Ribs OR Coconut Shrimp</p> <p>Evening Supper Belgian Waffles OR Florentine Burger On Brioche Bun</p>
<p>10</p> <p>Noontime Dinner Bruschetta Baked Grouper OR Champagne Chicken</p> <p>Evening Supper Sloppy Joe OR Flat Bread Pizza</p>	<p>11</p> <p>Noontime Dinner Crispy Fried Chicken OR Pork Chops In Mushroom Gravy</p> <p>Evening Supper Macaroni & Cheese Bake OR Turkey Burger</p>	<p>12</p> <p>Noontime Dinner Swiss Steak In Tomato Gravy OR Bacon Wrapped Pork Filet</p> <p>Evening Supper Beef Tips In Mushroom Gravy OR Grilled Shrimp Caesar Salad</p>	<p>13</p> <p>Noontime Dinner Korean Boneless Short Ribs OR Crunchy Onion Chicken</p> <p>Evening Supper Hawaiian Roll Ham Sandwich OR English Muffin Tuna Melt</p>	<p>14 Valentine's Day</p> <p>Noontime Dinner Grilled Beef Tenderloin OR Coconut Shrimp</p> <p>Evening Supper Pulled Pork sliders OR Chicken Lasagna</p>	<p>15</p> <p>Noontime Dinner London Beef Broil OR Pecan Crusted Salmon</p> <p>Evening Supper Apple Fritter French Toast OR Ham Salad Croissant</p>	<p>16</p> <p>Noontime Dinner Homemade Beef Stew OR Sweet & Sour Pork</p> <p>Evening Supper Pizza by the Slice OR BLT Sandwich</p>
<p>17</p> <p>Noontime Dinner Italian Beef Pot Roast OR Oriental Breaded Shrimp</p> <p>Evening Supper Homemade Chicken Pot Pie OR Patty Melt on Wheat</p>	<p>18</p> <p>Noontime Dinner BBQ Smoked Beef Brisket OR Fresh Salmon W/Dill Sauce</p> <p>Evening Supper Popcorn Shrimp OR Hungarian Beef Goulash</p>	<p>19</p> <p>Noontime Dinner Beef & Broccoli Stir-Fry OR Brie & Apple Stuffed Chicken</p> <p>Evening Supper Creamed Chipped Beef on Toast OR Josh's Chicken Fried Rice</p>	<p>20</p> <p>Noontime Dinner Chicken & Dumplings OR Rosemary Mustard Pork</p> <p>Evening Supper Chicken Wings OR Jamil's Chopped Salad</p>	<p>21</p> <p>Noontime Dinner Red Wine Braised Short Ribs OR Broiled Garlic & Butter Shrimp</p> <p>Evening Supper Chicken Fried Steak OR Chili Dog</p>	<p>22</p> <p>Noontime Dinner Pan Fried Rainbow Trout OR Fire Roasted Pork Loin</p> <p>Evening Supper Maryland Crab Cakes OR Chicken Chow Mein</p>	<p>23</p> <p>Noontime Dinner Roasted Lemon Thyme Chicken OR Beef Stroganoff</p> <p>Evening Supper Cheese Ravioli OR Open Faced Hot Beef Sandwich</p>
<p>24</p> <p>Noontime Dinner Honey Mustard Chicken Breast OR Spaghetti & Meat Sauce</p> <p>Evening Supper Chef's Breakfast Platter OR French Bread Pizza</p>	<p>25</p> <p>Noontime Dinner Swedish Meatballs OR Lemon Pepper Tilapia</p> <p>Evening Supper Loaded Baked Potato OR Quiche Lorraine w/ Fresh Fruit</p>	<p>26</p> <p>Noontime Dinner Chef's Italian Sausage Lasagna OR Lemon Vinaigrette Chicken Breast</p> <p>Evening Supper Soft Shell Chicken Taco OR Grilled Cheese Sandwich</p>	<p>27</p> <p>Noontime Dinner Beef Burgundy OR Pork Tenderloin</p> <p>Evening Supper Fried Chicken & Waffles OR Cheddar Cheese Burger</p>	<p>28</p> <p>Noontime Dinner Fried Chicken OR Brown Sugar & Maple Ham</p> <p>Evening Supper Farm Table Salad OR New Yorkers Rubeen</p>	<p>February 26th Made To Order Breakfast Main Dining Room 8 AM - 9 AM</p>	