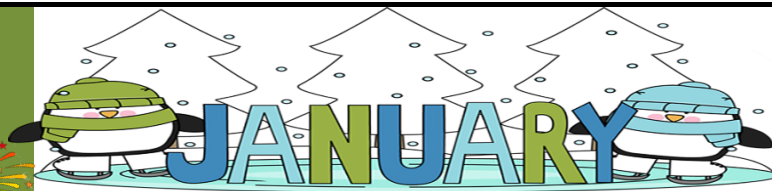


January 2025 West



Arbor Lakes Senior Living
West Memory Care Activity Calendar
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 11:15 Lorry & Lucky 12:00 Movin and Groovin 12:30 Conversation Cards 12:45 Lunch 4:15 *Star of the Month 4:45 Snowball Toss 5:45 Supper 6:15 Shake Loose a Memory	2 10:30 Scripture Reading 12:00 Noodle Ball 12:30 Call Out the Answer 12:45 Lunch 4:15 Bocce Ball/Tie Blanket 4:45 Coloring Fun 5:45 Supper 6:15 Evening Stroll	3 10:30 Morning Walks 12:00 Movin and Groovin 12:30 Outburst 12:45 Lunch 4:15 Social/Sing-a-long 4:45 Bingo 5:45 Supper 6:15 Room Visits	4 10:30 Morning Walks 12:00 Balloon Toss 12:30 Current Events 12:45 Lunch 4:15 Card Games 4:45 Word Game 5:45 Supper
			5 10:30 Sunday Devotions 12:00 Movin and Groovin 12:30 Finish Lyrics 12:45 Lunch 4:15 Wheel of Fortune 4:45 Horseshoes 5:45 Supper	6 10:30 Morning Walks 12:00 Paddle Ball 12:30 Finishing Lines 12:45 Lunch 4:15 Cards: Go Fish 4:45 Bingo 5:45 Supper 6:15 Evening Chats	7 10:30 Hand Massage 11:30 Communion-Catholic 12:00 Balloon Toss 12:30 Name that Bird 12:45 Lunch 4:15 Art with Talaya 4:45 Bowling 5:45 Supper 6:00 Reminisce	8 10:30 Morning Walks 12:00 Movin and Groovin 12:30 Conversation Cards 12:45 Lunch 4:15 Ladderball 4:45 New Years Bingo 5:45 Supper 6:15 Shake Loose a Memory
12 10:30 Sunday Devotions 12:00 Movin and Groovin 12:30 Finish Lyrics 12:45 Lunch 2:45 Communion-Catholic 4:15 Kitchen Creations 4:45 Ax Throwing 5:45 Supper	13 10:30 Morning Walks 12:00 Paddle Ball 12:30 Conversation Cards 12:45 Lunch 4:15 Cards: Go Fish 4:45 Bingo 5:45 Supper 6:15 Evening Chats	14 10:30 Hand Massage 11:30 Communion-Catholic 12:00 Balloon Toss 12:30 Famous People 12:45 Lunch 4:15 Tie Blanket 5:00 Holiday Party Buffet 6:15 Music by Jim Gerber	15 11:15 Lorry & Lucky 12:00 Movin and Groovin 12:30 Conversation Cards 12:45 Lunch 4:15 Ladderball 4:30 Snowball Toss 5:45 Supper 6:15 Shake Loose a Memory	16 10:30 Scripture Reading 12:00 Noodle Ball 12:30 Call Out the Answer 12:45 Lunch 4:15 Bean Bag Toss 4:45 Coloring Fun 5:45 Supper 6:15 Evening Stroll	17 9:00 Golden Griddle 10:30 Morning Walks 12:00 Movin and Groovin 12:30 Outburst 12:45 Lunch 4:15 Social/Sing-a-long 4:45 Bingo 5:45 Supper 6:15 Room Visits	
19 10:30 Sunday Devotions 12:00 Movin and Groovin 12:30 Finish Lyrics 12:45 Lunch 4:15 Wheel of Fortune 4:45 Ax Throwing 5:45 Supper	20 10:30 Morning Walks 12:00 Paddle Ball 12:30 Finishing Lines 12:45 Lunch 4:15 Cards: Go Fish 4:45 Bingo 5:45 Supper 6:15 Evening Chats	21 10:30 Hand Massage 11:30 Communion-Catholic 12:00 Balloon Toss 12:30 Name that Bird 12:45 Lunch 4:15 Jigsaw Puzzles 4:45 Bowling 5:45 Supper 6:15 Reminisce	22 10:30 Morning Walks 12:00 Movin and Groovin 12:30 Conversation Cards 12:45 Lunch 4:15 Ladderball 4:45 New Years Bingo 5:45 Supper 6:15 Shake Loose a Memory	23 10:30 Scripture Reading 12:00 Noodle Ball 12:30 Call Out the Answer 12:45 Lunch 4:15 Bean Bag Toss 4:45 Card Bingo 5:45 Supper 6:15 Evening Stroll	24 10:30 Morning Walks 12:00 Movin and Groovin 12:30 Outburst 12:45 Lunch 4:15 Social/Funny Videos 4:45 Pictionary 5:45 Supper 6:15 Room Visits	
26 10:30 Sunday Devotions 12:00 Movin and Groovin 12:30 Finish Lyrics 12:45 Lunch 2:30 Communion-Catholic 4:15 Wheel of Fortune 4:45 Ax Throwing 5:45 Supper	27 10:30 Morning Walks 12:00 Paddle Ball 12:30 Conversation Cards 12:45 Lunch 4:15 Cards: Go Fish 4:45 Bingo 5:45 Supper 6:15 Evening Chats	28 10:30 Hand Massage 11:30 Communion-Catholic 12:00 Balloon Toss 12:30 Famous People 12:45 Lunch 4:15 Coloring Fun 4:45 Wheel of Fortune 5:45 Supper 6:15 Evening Strolls	29 10:30 Morning Walks 12:00 Movin and Groovin 12:30 Conversation Cards 12:45 Lunch 4:15 Ladderball 4:30 Snowball Toss 5:45 Supper 6:15 Shake Loose a Memory	30 10:30 Scripture Reading 12:00 Noodle Ball 12:30 Call Out the Answer 12:45 Lunch 4:15 Bean Bag Toss 4:45 Coloring Fun 5:45 Supper 6:15 Evening Stroll	31 10:30 Decorate B.B. 12:00 Movin and Groovin 12:30 Outburst 12:45 Lunch 4:15 Social/Sing-a-long 4:45 Bingo 5:45 Supper 6:15 Room Visits	
						Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding.