

# November 2019



*Embracing life. Enriching lives.*

Arbor Lakes Senior Living

12001 80th Avenue North Maple Grove, MN 55369

Chef / Reservations: 763-575-7026

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| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |
|---|--|---|--|---|--|---|
| <p><b>Menu Subject To Seasonal Change</b></p> <p><b>All Menus Are Based On A 5 Week Seasonal Rotation</b></p> <p><b>Chef Is Available To Discuss Any Special Requests/Requirement</b></p>   | <p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p><b>Meal Times</b><br/>                     7:30 - 9:30 Breakfast<br/>                     12:00-1:00PM Dinner<br/>                     5:00-6:00PM Supper</p>   |   | <p><b>November 19th</b><br/> <b>Made to Order Breakfast</b><br/> <b>Main Dining Room</b><br/> <b>8 AM - 9 AM</b></p>   |   | <p><b>1</b></p> <p><b>Noontime Dinner</b><br/>                     Herb Crusted Cod<br/>                     OR<br/>                     Broccoli &amp; Cheese Chicken<br/> <b>Evening Supper</b><br/>                     Cuban Sandwich<br/>                     OR<br/>                     Grandmothers Hamburger Gravy</p>                | <p><b>2</b></p> <p><b>Noontime Dinner</b><br/>                     BBQ Pork Ribs<br/>                     OR<br/>                     Coconut Tilapia<br/> <b>Evening Supper</b><br/>                     Lobster Egg Salad<br/>                     OR<br/>                     Macaroni &amp; Cheese w/ Kielbasa</p>          |
| <p><b>3</b></p> <p><b>Noontime Dinner</b><br/>                     Bruschetta Baked Grouper<br/>                     OR<br/>                     Champagne Chicken<br/> <b>Evening Supper</b><br/>                     Sloppy Joe<br/>                     OR<br/>                     Flat Bread Pizza</p>                       | <p><b>4</b></p> <p><b>Noontime Dinner</b><br/>                     Country Fried Steak<br/>                     OR<br/>                     Chicken Ala King<br/> <b>Evening Supper</b><br/>                     Ham &amp; Scallop Potato Casserole<br/>                     OR<br/>                     Turkey &amp; Swiss On Cranberry</p> | <p><b>5</b></p> <p><b>Noontime Dinner</b><br/>                     Crab Stuffed Orange Roughy<br/>                     OR<br/>                     Apricot Herb Chicken Quarters<br/> <b>Evening Supper</b><br/>                     Beef &amp; Onions on French Bread<br/>                     OR<br/>                     Chicken Cashew Salad</p>        | <p><b>6</b></p> <p><b>Noontime Dinner</b><br/>                     Pan Fried Walleye<br/>                     OR<br/>                     Chicken Parmesan<br/> <b>Evening Supper</b><br/>                     Grilled Chicken Cobb Salad<br/>                     OR<br/>                     Mushroom &amp; Swiss Burger</p>             | <p><b>7</b></p> <p><b>Noontime Dinner</b><br/>                     Beer Smoked Beef Brisket<br/>                     OR<br/>                     Harvest Pork Chop<br/> <b>Evening Supper</b><br/>                     Bananas Foster French Toast<br/>                     OR<br/>                     Homemade Beef Chili</p>                   | <p><b>8</b></p> <p><b>Noontime Dinner</b><br/>                     Prime Rib Of Beef<br/>                     OR<br/>                     Fresh Maple Glazed Salmon<br/> <b>Evening Supper</b><br/>                     Chicken Alfredo<br/>                     OR<br/>                     Breaded Fried Shrimp</p>                          | <p><b>9</b></p> <p><b>Noontime Dinner</b><br/>                     Open Faced Hot Turkey Sandwich<br/>                     OR<br/>                     Baked Ziti casserole<br/> <b>Evening Supper</b><br/>                     Spinach Salad<br/>                     OR<br/>                     Grilled Cheese and Bacon</p> |
| <p><b>10</b></p> <p><b>Noontime Dinner</b><br/>                     Beef Pot Roast<br/>                     OR<br/>                     Potato Crusted Cod<br/> <b>Evening Supper</b><br/>                     Creamed Tuna Over Toast<br/>                     OR<br/>                     Turkey Rachel Sandwich</p>            | <p><b>Noontime Dinner</b><br/>                     Fire Roasted Chicken<br/>                     OR<br/>                     Pineapple Brown Sugar Ham<br/> <b>Evening Supper</b><br/>                     Hamburger Steak<br/>                     OR<br/>                     Wisconsin Beer Brat</p>                                      | <p><b>Noontime Dinner</b><br/>                     Salsibury Steak<br/>                     OR<br/>                     Vegetable Lasagna<br/> <b>Evening Supper</b><br/>                     Egg Salad Sandwich<br/>                     OR<br/>                     Amish Beef Casserole</p>  | <p><b>Noontime Dinner</b><br/>                     Oven Roasted Turkey<br/>                     OR<br/>                     Grilled Beef Tenderloin<br/> <b>Evening Supper</b><br/>                     Stuffed French Toast<br/>                     OR<br/>                     Beef Taco Salad</p>                                      | <p><b>14</b></p> <p><b>Noontime Dinner</b><br/>                     Broiled Cod w/Wine Herb Sauce<br/>                     OR<br/>                     Beer Cheese Chicken Breast Fondue<br/> <b>Evening Supper</b><br/>                     Jumbo Hot Dog<br/>                     OR<br/>                     Chicken Enchilada</p>             | <p><b>15</b></p> <p><b>Noontime Dinner</b><br/>                     Poached Citrus Salmon<br/>                     OR<br/>                     Pork Prime Rib<br/> <b>Evening Supper</b><br/>                     London Fish &amp; Chips<br/>                     OR<br/>                     Grilled Ham &amp; Cheese</p>                    | <p><b>16</b></p> <p><b>Noontime Dinner</b><br/>                     Country Style Pork Ribs<br/>                     OR<br/>                     Coconut Shrimp<br/> <b>Evening Supper</b><br/>                     Belgian Waffles<br/>                     OR<br/>                     Florentine Burger On Brioche Bun</p>   |
| <p><b>17</b></p> <p><b>Noontime Dinner</b><br/>                     Bruschetta Baked Grouper<br/>                     OR<br/>                     Champagne Chicken<br/> <b>Evening Supper</b><br/>                     Sloppy Joe<br/>                     OR<br/>                     Flat Bread Pizza</p>                      | <p><b>18</b></p> <p><b>Noontime Dinner</b><br/>                     Crispy Fried Chicken<br/>                     OR<br/>                     Pork Chops In Mushroom Gravy<br/> <b>Evening Supper</b><br/>                     Macaroni &amp; Cheese Bake<br/>                     OR<br/>                     Turkey Burger</p>             | <p><b>19</b></p> <p><b>Noontime Dinner</b><br/>                     Swiss Steak In Tomato Gravy<br/>                     OR<br/>                     Cheese Stuffed Manicotti<br/> <b>Evening Supper</b><br/>                     Beef Tips In Mushroom Gravy<br/>                     OR<br/>                     Grilled Shrimp Caesar Salad</p>          | <p><b>20</b></p> <p><b>Noontime Dinner</b><br/>                     Korean Boneless Short Ribs<br/>                     OR<br/>                     Crunchy Onion Chicken<br/> <b>Evening Supper</b><br/>                     Hawaiian Roll Ham Sandwich<br/>                     OR<br/>                     English Muffin Tuna Melt</p> | <p><b>21</b></p> <p><b>Noontime Dinner</b><br/>                     London Beef Broil<br/>                     OR<br/>                     Pecan Crusted Salmon<br/> <b>Evening Supper</b><br/>                     Pulled Pork Sliders<br/>                     OR<br/>                     Chicken Lasagna</p>                                  | <p><b>22</b></p> <p><b>Noontime Dinner</b><br/>                     Fresh Salmon with Teriyaki Glaze<br/>                     OR<br/>                     Rock Cornish Game Hen<br/> <b>Evening Supper</b><br/>                     Apple Fritter French Toast<br/>                     OR<br/>                     Ham Salad on Croissant</p> | <p><b>23</b></p> <p><b>Noontime Dinner</b><br/>                     Homemade Beef Stew<br/>                     OR<br/>                     Sweet &amp; Sour Pork<br/> <b>Evening Supper</b><br/>                     Pizza by the Slice<br/>                     OR<br/>                     BLT Sandwich</p>                  |
| <p><b>24</b></p> <p><b>Noontime Dinner</b><br/>                     Italian Beef Pot Roast<br/>                     OR<br/>                     Oriental Breaded Shrimp<br/> <b>Evening Supper</b><br/>                     Homemade Chicken Pot Pie<br/>                     OR<br/>                     Patty Melt on Wheat</p> | <p><b>25</b></p> <p><b>Noontime Dinner</b><br/>                     BBQ Smoked Beef Brisket<br/>                     OR<br/>                     Fresh Salmon W/Dill Sauce<br/> <b>Evening Supper</b><br/>                     Popcorn Shrimp<br/>                     OR<br/>                     Hungarian Beef Goulash</p>                | <p><b>26</b></p> <p><b>Noontime Dinner</b><br/>                     Beef &amp; Broccoli Stir-Fry<br/>                     OR<br/>                     Brie &amp; Apple Stuffed Chicken<br/> <b>Evening Supper</b><br/>                     Creamed Chipped Beef on Toast<br/>                     OR<br/>                     Josh's Chicken Fried Rice</p> | <p><b>27</b></p> <p><b>Noontime Dinner</b><br/>                     Chicken &amp; Dumplings<br/>                     OR<br/>                     Rosemary Mustard Pork Tender<br/> <b>Evening Supper</b><br/>                     Chicken Wings<br/>                     OR<br/>                     Jamil's Chopped Salad</p>             | <p><b>28 Thanksgiving</b></p> <p><b>Noontime Dinner</b><br/>                     Oven Roasted Turkey<br/>                     OR<br/>                     Ham<br/> <b>Evening Supper</b><br/>                     Dining Room Closed Box Supper<br/>                     Ham Croissant Sandwich<br/>                     Chips, Fruit, Cookie</p> | <p><b>29</b></p> <p><b>Noontime Dinner</b><br/>                     Pan Fried Rainbow Trout<br/>                     OR<br/>                     Fire Roasted Pork Loin<br/> <b>Evening Supper</b><br/>                     Maryland Crab Cakes<br/>                     OR<br/>                     Chicken Chow Mein</p>                     | <p><b>30</b></p> <p><b>Noontime Dinner</b><br/>                     Roasted Lemon Thyme Chicken<br/>                     OR<br/>                     Beef Stroganoff<br/> <b>Evening Supper</b><br/>                     Chesse Ravioli<br/>                     OR<br/>                     Open Faced Hot Beef Sandwich</p>   |