

October 2022



Arbor Lakes Senior Living
West Memory Care Activity Calendar
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 10:30 Sunday Worship 2nd floor 12:00 Ladder Ball 12:45 Lunch 1:10 Lucky -Therapy Dog 4:00 Eve Miller- Piano 4:45 Puzzles /Games 5:45 Supper 6:15 Evening Movie /Chats	3 10:30 Morning Walks 12:00 Paddle Ball 12:45 Lunch 1:10 Chat Pack 4:00 Sweep Six Dice Game 4:45 Sing-a-Long 5:45 Supper 6:15 Evening Chats	4 10:30 Morning Chats 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lyrics 4:00 Airplane/Tossing Games 4:45 Pictionary 5:45 Supper 6:15 Room Visits	5 11:15 Lucky - Therapy Dog 12:00 Noodle Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Bingo 4:45 Highlights of Minnesota 5:45 Supper 6:15 Evening Chats	6 *Celebrate Oct. Birthdays 11:30 Pete Sandvik Performs 12:00 Ax Throwing 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Fall Art 4:45 Ladder Ball 5:45 Supper 6:15 Evening Stroll / Chats	7 10:30 Walks/Visits 12:00 Exercise with Bands 12:45 Lunch 1:10 Finishing Lines 4:00 Social Hour 4:45 Noodle Ball 5:45 Supper 6:15 Room Visits	8 D 10:30 Morning Visits 12:00 Balloon Toss 12:45 Lunch 1:10 Trivia Questions 4:00 Bingo 4:45 Word Activities 5:45 Supper 6:15 Evening Chats
9 D 10:00 Sunday Worship 2nd floor 12:00 Noodle Ball 12:45 Lunch 1:10 Trivia Questions 4:15 Eve Miller- Piano 4:45 Board Games /Cards 5:45 Supper 6:15 Hymn Sing-a-Long	10 10:30 Morning Walks/Visits 12:00 Paddle Ball 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Puzzles 4:45 Sweep Six Dice Game 5:45 Supper 6:15 Evening Chats	11 10:30 Morning Chats 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lyrics 4:00 Paddle Ball 4:45 Famous People 5:45 Supper 6:15 Room Visits	12 10:30 Morning Walks/Visits 12:00 Balloon Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Bingo 4:45 Wheel of Fortune 5:45 Supper 6:15 Evening Chats	13 10:30 Scripture Reading 12:00 Ax Throwing 12:45 Lunch 1:10 Shake Loose a Memory 4:00 Ladder Ball 4:45 Word Categories 5:45 Supper 6:15 Evening Strolls / Chats	14 10:30 Morning Walks/Visits 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lines 4:00 Social Hour 4:45 Evening Sing-a-Long 5:45 Supper 6:15 Room Visits	15 10:30 Morning Visits 12:00 Balloon Toss 12:45 Lunch 1:10 Trivia Questions 4:00 Number Bingo 4:45 Bowling 5:45 Supper 6:15 Evening Chats
16 10:00 Sunday Worship 2nd floor 12:00 Noodle Ball 12:45 Lunch 1:10 Lucky -Therapy Dog 4:15 Eve Miller- Piano 4:45 Board Games /Cards 5:45 Supper 6:15 Evening Movie /Chats	17 10:30 Walks / Visits 12:00 Paddle Ball 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Puzzles 4:45 Sweep Six Dice Game 5:45 Supper 6:15 Evening Chats	18 10:30 Morning Chats 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lyrics 4:00 Sing-a-Long 4:45 Wheel of Fortune 5:45 Supper 6:15 Room Visits	19 11:15 Lucky - Therapy Dog 12:00 Balloon Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Number Bingo 4:45 Airplane/Tossing Games 5:45 Supper 6:15	20 10:30 Scripture Reading 12:00 Ax Throwing 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Fall Art 4:45 Ladder Ball 5:45 Supper 6:15 Evening Strolls/Visits	21 10:30 Morning Walks/Visits 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lines 4:00 Social Hour 4:45 Halloween Games 5:45 Supper 6:15 Room Visits	22 D 10:30 Morning Visits 12:00 Balloon Toss 12:45 Lunch 1:10 Trivia Questions 4:00 Word Categories 4:45 Halloween A to Z Trivia 5:45 Supper 6:15 Evening Chats
23 D 10:00 Sunday Worship 2nd floor 12:00 Noodle Ball 12:45 Lunch 1:10 Finishing Lines 4:15 Eve Miller- Piano 4:45 Basketball - Shooting Hoops 5:45 Supper 6:15 Evening Movie /Chats	24 10:30 Morning Walks 12:00 Paddle Ball 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Number Bingo 4:45 Bowling 5:45 Supper 6:15 Evening Chats	25 10:30 Morning Chats 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lyrics 4:00 Sweep Six Dice Game 4:45 Word Activities 5:45 Supper 6:15 Room Visits	26 10:30 Morning Walks/Visits 12:00 Balloon Toss 12:45 Lunch 1:10 Trivia Questions 4:00 Jumbo Sequence 4:45 Halloween FUN 5:45 Supper 6:15 Sing-a-Long	27 10:30 Scripture Reading 12:00 Ax Throwing 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Halloween ART 4:45 Wheel of Fortune 5:45 Supper 6:15 Evening Stroll / Chats	28 10:30 Morning Walks/Visits 12:00 Exercise with Bands 12:45 Lunch 1:10 Chat Room Conversations 4:00 Social Hour 4:45 Halloween Games 5:45 Supper 6:15 Room Visits	29 10:30 Morning Visits 12:00 Balloon Toss 12:45 Lunch 1:10 Trivia Questions 4:00 Number Bingo 4:45 Halloween A to Z Trivia 5:45 Supper 6:15 Evening Visits
30 10:00 Sunday Worship 2nd floor 12:00 Noodle Ball 12:45 Lunch 1:10 Lucky -Therapy Dog 4:15 Eve Miller- Piano 4:45 Basketball - Shooting Hoops 5:45 Supper 6:15 Hymn Sing-a-Long	31 10:30 Morning Walks 12:00 Paddle Ball 12:45 Lunch 1:10 Chat Pack 4:00 Number Bingo 4:45 Bowling 5:45 Supper 6:15 Evening Chats		Weather permitting - we will be spending a lot of spontaneous time on the patio, listening to music, gardening, animal watching, and enjoying the warm weather!			Activity Calendar is subject to change. Please check daily posting for any schedule changes. Thank you for your understanding