

September 2019



Arbor Lakes Senior Living
West Memory Care Activity Calendar
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30 Sunday Devotions 12:00 Paddle Ball 12:45 Lunch 1:15 Hymn Sing 2:00 Afternoon Visits 4:00 Jigsaw Puzzles 4:45 Ladder Ball 5:45 Supper 6:30 Thanks for the Memories	2 Labor Day 10:30 Finishing Lines 12:00 Meditation & Stretching 12:45 Lunch 1:15 Labor Day Facts 2:00 Afternoon Visits 4:00 Table Games 4:45 Ring Toss 6:30 Hand Massage	3 10:30 Morning Walk 12:00 Balloon Toss 12:45 Lunch 1:30 Nashville Singer Claudia Nygaard performs "Hits from the 40's & 50's"(CR) 4:00 Qwirkle 4:45 Bean Bag Toss 6:30 Reminisce	4 10:30 Morning Inspirations 12:00 Paddle Ball 12:45 Lunch 1:15 Word Games 2:00 Afternoon Visits 4:00 Afternoon Movie 5:45 Supper 6:30 Barrel of Laughs	5 10:30 Preferences 12:00 Moving to the Music 12:45 Lunch 1:15 Finishing Lyrics 2:00 Afternoon Visits 4:00 Connect 4 4:45 Singalong 5:45 Supper 6:30 Chicken Soup Stories	6 9:45 Veteran's Visits 10:30 Current Events 12:00 Noodle Ball 1:15 Outburst 2:00 Afternoon Visits 4:00 Picture This 4:45 Fall Cider Stories 5:45 Supper 6:30 Name that Animal	7 10:30 Morning Walk 12:00 Balloon Toss 12:45 Lunch 1:15 Finishing Lines 2:00 Afternoon Visits 4:00 Card Bingo 4:45 Piano Tunes with Adrika 5:45 Supper 6:30 Evening Stroll
8 10:30 Sunday Devotions 12:00 Paddle Ball 12:45 Lunch 1:15 Hymn Sing 2:00 Afternoon Visits 4:00 Jigsaw Puzzles 4:45 Ukelele Melodies 5:45 Supper 6:30 Thanks for the Memories	9 10:30 Finishing Lines 12:00 Meditation & Stretching 12:45 Lunch 1:15 Musical Twister 2:00 Afternoon Visits 4:00 Table Games 4:45 Ring Toss 5:45 Supper 6:30 Hand Massage	10 10:30 Morning Walk 11:30 Vintage Prom Fashions with Vicki 12:45 Lunch 1:15 Call Out the Answer 4:00 Qwirkle 4:45 Bean Bag Toss 5:45 Supper 6:30 Reminisce	11 10:30 Morning Inspirations 12:00 Paddle Ball 12:45 Lunch 1:15 Word Games 2:00 Afternoon Visits 4:00 Fall Cider Stories 4:45 Worship Service 5:45 Supper 6:30 Piano Tunes w/ Vicki	12 10:30 Preferences 12:00 Moving to the Music 12:45 Lunch 1:15 Finishing Lyrics 2:00 Afternoon Visits 4:00 Connect 4 4:45 Rhythm Band 5:45 Supper 6:30 Chicken Soup Stories	13 9:45 Veteran's Visits 10:30 Current Events 12:00 Noodle Ball 12:45 Lunch 2:00 UN-Professionals Musical Performance (CR) 4:45 Happy Hour 5:45 Supper 6:30 Name that Animal	14 10:30 Morning Walk 12:00 Balloon Toss 12:45 Lunch 1:15 Finishing Lines 2:00 Afternoon Visits 4:00 Card Bingo 4:45 Singalong 5:45 Supper 6:30 Evening Stroll
15 10:30 Sunday Devotions 12:00 Paddle Ball 12:45 Lunch 1:15 Hymn Sing 2:00 Afternoon Visits 4:00 Jigsaw Puzzles 4:45 Ladder Ball 5:45 Supper 6:30 Thanks for the Memories	16 11:30 September Birthday Party with Amy & Adams 12:45 Lunch 1:15 Musical Twister 2:00 Afternoon Visits 4:00 Table Games 4:45 Ring Toss 6:30 Hand Massage	17 10:30 Morning Walk 11:30 Culinary Creations "Apple Crisp" 1:15 Apple Crisp Social 2:20 Afternoon Visits 4:00 Myths & Legends 4:45 Bean Bag Toss 5:45 Supper 6:30 Reminisce	18 10:45 Maple Grove MOMS Club Children's Visit 12:45 Lunch 1:15 Word Games 2:00 Afternoon Visits 4:00 Fall Cider Stories 4:45 Worship Service 6:30 Piano Tunes w/ Vicki	19 10:30 Preferences 12:00 Moving to the Music 12:45 Lunch 1:15 Finishing Lyrics 2:00 Afternoon Visits 4:00 Connect 4 4:45 Singalong 5:45 Supper 6:30 Chicken Soup Stories	20 9:45 Veteran's Visits 10:30 Current Events 12:00 Noodle Ball 1:15 Outburst 2:00 Afternoon Visits 4:00 Picture This 4:45 Fall Cider Stories 5:45 Supper 6:30 Name that Animal	21 10:30 Morning Walk 12:00 Balloon Toss 12:45 Lunch 1:15 Finishing Lines 2:00 Afternoon Visits 4:00 Card Bingo 4:45 Piano Tunes with Adrika 5:45 Supper 6:30 Evening Stroll
22 10:30 Sunday Devotions 12:00 Paddle Ball 12:45 Lunch 1:15 Hymn Sing 2:00 Afternoon Visits 4:00 Jigsaw Puzzles 4:45 Ukelele Melodies 5:45 Supper 6:30 Evening Show	23 Autumn Begins 10:30 Finishing Lines 12:00 Meditation & Stretching 12:45 Lunch 1:15 Musical Twister 2:00 Afternoon Visits 4:00 Table Games 4:45 Ring Toss 6:30 Hand Massage	24 10:30 Morning Walk 12:00 Balloon Toss 12:45 Lunch 1:15 Call Out the Answer 2:00 Afternoon Visits 4:00 Qwirkle 4:45 Optical Illusions 5:45 Supper 6:30 Reminisce	25 10:30 Decorate Bulletin Board 12:00 Paddle Ball 12:45 Lunch 1:15 Word Games 2:00 Afternoon Visits 4:00 Fall Cider Stories 4:45 Worship Service 5:45 Supper 6:30 Piano Tunes w/ Vicki	26 10:30 Preferences 12:00 Moving to the Music 12:45 Lunch 1:15 Fall Craft 2:00 Afternoon Visits 4:00 Connect 4 4:45 Singalong 5:45 Supper 6:30 Chicken Soup Stories	27 9:45 Veteran's Visits 10:30 Scripture Reading w/ Russ 12:00 Noodle Ball 1:15 Outburst 2:00 Afternoon Visits 4:00 Picture This 4:45 Happy Hour 5:45 Supper 6:30 Name that Animal	28 10:30 Morning Walk 12:00 Balloon Toss 12:45 Lunch 1:15 Finishing Lines 2:00 Afternoon Visits 4:00 Card Bingo 4:45 Singalong 5:45 Supper 6:30 Evening Stroll
29 10:30 Sunday Devotions 12:00 Paddle Ball 12:45 Lunch 1:15 Hymn Sing 2:00 Afternoon Visits 4:00 Jigsaw Puzzles 4:45 Ladder Ball 5:45 Supper 6:30 Thanks for the Memories	30 10:30 Finishing Lines 12:00 Meditation & Stretching 12:45 Lunch 1:15 Musical Twister 2:00 Afternoon Visits 4:00 Table Games 4:45 Ring Toss 5:45 Supper 6:30 Hand Massage				Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding.	

