

# November 2022



*Embracing life. Enriching lives.*

Arbor Lakes Senior Living

12001 80th Avenue North Maple Grove, MN 55369

Chef / Reservations: 763-575-7026

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Meal Times</b> 7:30-9:00 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper		1 <b>Noontime Dinner</b> Italian Sausage Lasagna OR Tempura Chicken <b>Evening Supper</b> Chicken Tacos OR Stuffed Green Pepper	2 <b>Noontime Dinner</b> Beef Stroganoff OR Apricot Chicken Quarters <b>Evening Supper</b> Cheddar Cheeseburger OR Flat Bread Pizza	3 <b>Noontime Dinner</b> Southern Fried Chicken OR Cider Braised Pork Chops <b>Evening Supper</b> Beef Noodle Casserole OR Cod Sandwich	4 <b>Noontime Dinner</b> Glazed Teriyaki Salmon OR Bistro Fillet of Beef <b>Evening Supper</b> Texas BBQ Brisket OR Bowl of Clam Chowder	5 <b>Noontime Dinner</b> BBQ Ribs OR Pecan Tilapia <b>Evening Supper</b> Greek Salad OR Chicken Fritter
	6 <b>Noontime Dinner</b> Bacon Wrapped Meatloaf OR Chicken Kiev <b>Evening Supper</b> Chili Cheese Hot Dog OR Lemon Chicken Artichoke	7 <b>Noontime Dinner</b> Fire Roasted Chicken OR Cracker Crusted Haddock <b>Evening Supper</b> Turkey and Swiss OR Breakfast Quiche	8 <b>Noontime Dinner</b> Cracker Crusted Haddock OR Beer Battered Walleye <b>Evening Supper</b> Cashew Chicken Salad OR Parmesan Breaded Cod	9 <b>Noontime Dinner</b> Stuffed Chicken OR Swiss Steak <b>Evening Supper</b> Chicken Fettuccine OR Bananas Foster	10 <b>Noontime Dinner</b> Beef London Broil OR Chicken Parmesan <b>Evening Supper</b> Breaded Chicken Tenderloin OR Asian Beef Bowl	11 <b>Noontime Dinner</b> Prime Rib OR Grilled Chicken Oscar <b>Evening Supper</b> Chef's Breakfast Platter OR Salmon Caesar Salad
13 <b>Noontime Dinner</b> Garlic Butter Shrimp OR Grilled Caprese Chicken <b>Evening Supper</b> Grilled Cheese Sandwich OR Popcorn Chicken Salad	14 <b>Noontime Dinner</b> Country Fried Beef Steak OR Potato Chive Crusted Cod <b>Evening Supper</b> Wisconsin Beer Bratwurst OR Sloppy Joe	15 <b>Noontime Dinner</b> Spaghetti and Meat Sauce OR Bacon Wrapped Chicken <b>Evening Supper</b> Flat Bread Pizza OR Biscuits and Sausage	16 <b>Noontime Dinner</b> Stuffed Chicken Breast OR Pan Fried Perch <b>Evening Supper</b> Beef Taco Salad OR Tuna Salad Croissant	17 <b>Noontime Dinner</b> Korean Style Short Ribs OR French Onion Chicken Breast <b>Evening Supper</b> Beef Chili Bowl OR Grilled Ham and Cheese	18 <b>Noontime Dinner</b> Fresh Salmon OR Prime Pork Rib <b>Evening Supper</b> London Fish and Chips OR Tater Tot Hot Dish	19 <b>Noontime Dinner</b> Beef Burgundy OR Grilled Hawaiian Ham Steak <b>Evening Supper</b> Florentine Burger OR Catfish Nuggets
20 <b>Noontime Dinner</b> Pork Chow Mein OR Breaded Deep Fried Shrimp <b>Evening Supper</b> Three Cheese Ravioli OR Tuscan Bean Salad	21 <b>Noontime Dinner</b> Chicken Ala King OR Maryland Crab Cakes <b>Evening Supper</b> Macaroni and Cheese OR Sicilian Chicken Salad	22 <b>Noontime Dinner</b> Salisbury Steak OR Boneless Pork Roast <b>Evening Supper</b> Cheesy Hot Dog Roll-Up OR Baked Eggs Strata	23 <b>Noontime Dinner</b> Crunchy Onion Chicken OR Old Fashioned Beef Stew <b>Evening Supper</b> Open-Faced Beef Pot Roast OR Chicken Vegetable Fried Rice	24 <b>Thanksgiving</b> <b>Noontime Dinner</b> Turkey Dinner OR Ham Dinner <b>Evening Supper</b> Box Supper Must Sign Up	25 <b>Noontime Dinner</b> Broiled Walleye OR Grilled Rib Eye Steak <b>Evening Supper</b> Apple Fritter French Toast OR Tempura Shrimp Salad	26 <b>Noontime Dinner</b> Chicken Cordon Blue OR Pollock Fillet <b>Evening Supper</b> Chicken Rigatoni OR Mushroom and Swiss Burger
27 <b>Noontime Dinner</b> Beef Italian Pot Roast OR Coconut Shrimp <b>Evening Supper</b> Chicken Wild Rice Casserole OR Egg Salad Split Top Slider	28 <b>Noontime Dinner</b> BBQ Smoked Beef Brisket OR Butter Breaded Cod <b>Evening Supper</b> Popcorn Shrimp Basket OR French Bread Cheesy Pizza	29 <b>Noontime Dinner</b> Beef and Broccoli Stir Fry OR Champagne Chicken <b>Evening Supper</b> Chicken Wings OR Black Forest Ham Sandwich	30 <b>Noontime Dinner</b> Swedish Meatballs OR Orange Glazed Pork Tenderloin <b>Evening Supper</b> Chicken Chow Mein OR Classic Rubeen	<b>Menu Subject To Seasonal Change</b>  <b>All Menus Are Based On A 5 Week Seasonal Rotation</b>  <b>Chef Is Available To Discuss Any Special Requests/Requirement</b>	November 29th  <b>Made to Order Breakfast</b> Main Dining Room 8 AM - 9 AM  	