

# August 2022



Arbor Lakes Senior Living  
West Memory Care Activity Calendar  
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Weather permitting - we will be spending a lot of spontaneous time on the patio, listening to music, gardening, animal watching, and enjoying the warm weather!</b>	<b>1</b> <b>10:30</b> Morning Walks/Visits <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Chat Pack <b>4:00</b> Making Words <b>4:45</b> Ladder Ball <b>5:45</b> Supper <b>6:15</b> Evening Chats	<b>2</b> <b>10:30</b> Morning Visits <b>12:00</b> Exercising with Bands <b>12:45</b> Lunch <b>1:15</b> Finishing Lyrics <b>4:00</b> Wheel of Fortune <b>4:45</b> Balloon Toss <b>5:45</b> Supper <b>6:15</b> Room Visits	<b>3</b> <b>11:15</b> <b>Lucky- Therapy Dog</b> <b>12:45</b> Lunch <b>1:15</b> Chicken Soup Stories <b>4:00</b> Word Games <b>4:45</b> Number Bingo <b>5:45</b> Supper <b>6:15</b> Evening Chats	<b>4</b> <b>10:30</b> <b>Scripture Reading</b> <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> Finishing Lines <b>4:00</b> Arts & Crafts <b>4:45</b> <b>Ax Throwing</b> <b>5:45</b> Supper <b>6:15</b> Evening Stroll / Chats	<b>5</b> <b>*Celebrate Birthdays</b> <b>11:30</b> <b>Nate Hance Performs</b> <b>12:00</b> Exercise with Bands <b>12:45</b> Lunch <b>1:15</b> Reminiscing Stories <b>4:00</b> <b>Social Hour</b> <b>4:45</b> Paddle Ball <b>5:45</b> Supper <b>6:15</b> Room Visits	<b>6</b> <b>10:30</b> Morning Walks/Chats <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Trivia Questions <b>4:00</b> Po-Ke-No <b>4:45</b> Wheel of Fortune <b>5:45</b> Supper <b>6:15</b> Evening Movie/Chats	
	<b>7</b> <b>10:00</b> Sunday Worship <b>11:30</b> <b>Eve-performs piano</b> <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> <b>Lucky - Therapy Dog</b> <b>4:00</b> Quirkle / Games <b>4:45</b> Basketball <b>5:45</b> Supper <b>6:15</b> Evening Movie /Chats	<b>8</b> <b>10:30</b> Morning Walks/Chats <b>12:00</b> Ladder Ball <b>12:45</b> Lunch <b>1:15</b> Finishing Lines <b>4:00</b> Puzzles/Board Games <b>4:45</b> Noodle Ball <b>5:45</b> Supper <b>6:15</b> Evening Chats	<b>9</b> <b>10:30</b> Morning Chats <b>12:00</b> Exercising with Bands <b>12:45</b> Lunch <b>1:15</b> Afternoon Movie <b>4:00</b> Bingo <b>4:45</b> Paddle Ball <b>5:45</b> Supper <b>6:15</b> Room Visits	<b>10</b> <b>10:30</b> Room Visits <b>12:00</b> Balloon Toss <b>12:45</b> <b>Summer Barbeque</b> <b>1:15</b> Finishing Lyrics <b>4:00</b> Highlights of Minnesota <b>4:45</b> Word Categories <b>5:45</b> Supper <b>6:15</b> Evening Chats	<b>11</b> <b>10:30</b> Room Visits <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> Chicken Soup Stories <b>4:00</b> Arts & Crafts <b>4:45</b> Jumbo Sequence <b>5:45</b> Supper <b>6:15</b> Evening Stroll	<b>12</b> <b>10:30</b> Morning Visits <b>12:00</b> Exercising with Bands <b>12:45</b> Lunch <b>1:15</b> Reminiscing Stories <b>4:00</b> <b>Social Hour</b> <b>4:45</b> Balloon Ball <b>5:45</b> Supper <b>6:15</b> Evening Stroll	<b>13</b> <b>10:30</b> Morning Walks <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Trivia Questions <b>4:00</b> Number Bingo <b>4:45</b> Word Activities <b>5:45</b> Supper <b>6:15</b> Evening Chats
	<b>14</b> <b>10:00</b> Sunday Worship <b>11:30</b> <b>Eve-performs piano</b> <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> Finishing Lines <b>4:00</b> Scrabble / Games <b>4:45</b> Word Categories <b>5:45</b> Supper <b>6:15</b> Evening Movie /Chats	<b>15</b> <b>10:30</b> Morning Walks <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Famous Places <b>4:00</b> Puzzles/Board Games <b>4:45</b> Sweep Six Dice Game <b>5:45</b> Supper <b>6:15</b> Evening Chats	<b>16</b> <b>10:30</b> Morning Chats <b>12:00</b> Exercising with Bands <b>12:45</b> Lunch <b>1:15</b> Reminisce Stories <b>4:00</b> Arts & Crafts <b>4:45</b> Wheel of Fortune <b>5:45</b> Supper <b>6:15</b> Room Visits	<b>17</b> <b>11:15</b> <b>Lucky -Therapy Dog</b> <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Finishing Lyrics <b>4:00</b> Number Bingo <b>4:45</b> Airplane/Tossing Games <b>5:45</b> Supper <b>6:15</b> Evening Chats	<b>18</b> <b>10:30</b> <b>Scripture Reading</b> <b>12:00</b> Balloon Volleyball <b>12:45</b> Lunch <b>1:15</b> Chicken Soup Stories <b>4:00</b> Arts & Crafts <b>4:45</b> Ladder Ball <b>5:45</b> Supper <b>6:15</b> Evening Stroll	<b>19</b> <b>10:30</b> Morning Visits <b>12:00</b> Exercising with Bands <b>12:45</b> Lunch <b>1:15</b> Chat Room Conversations <b>4:00</b> Happy Hour <b>4:45</b> Balloon Toss <b>5:45</b> Supper <b>6:15</b> Evening Stroll	<b>20</b> <b>10:30</b> Morning Walks <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Finishing Lines <b>4:00</b> Po-Ke-No <b>4:45</b> Word Activities <b>5:45</b> Supper <b>6:15</b> Evening Chats
	<b>21</b> <b>10:00</b> Sunday Worship <b>11:30</b> <b>Eve-performs piano</b> <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> <b>Lucky - Therapy Dog</b> <b>4:00</b> Sequence / Games <b>4:45</b> Shake Loose a Memory <b>5:45</b> Supper <b>6:15</b> Evening Movie /Chats	<b>22</b> <b>10:30</b> Morning Walks <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Chicken Soup Stories <b>4:00</b> Po-Ke-No <b>4:45</b> Puzzles/Games <b>5:45</b> Supper <b>6:15</b> Evening Chats	<b>23</b> <b>10:30</b> Morning Chats <b>12:00</b> Exercising with Bands <b>12:45</b> Lunch <b>1:15</b> Reminisce Stories <b>4:00</b> Ladder Ball <b>4:45</b> Supper <b>5:45</b> Supper <b>6:15</b> Room Visits	<b>24</b> <b>10:30</b> Morning Walks <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Finishing Lyrics <b>4:00</b> Jumbo Sequence <b>4:45</b> Word Activities <b>5:45</b> Supper <b>6:15</b> Evening Chats	<b>25</b> <b>10:30</b> Room Visits <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Trivia Questions <b>4:00</b> Arts & Crafts <b>4:45</b> Wheel of Fortune <b>5:45</b> Supper <b>6:15</b> Evening Stroll	<b>26</b> <b>10:30</b> Morning Visits <b>12:00</b> Exercising with Bands <b>12:45</b> Lunch <b>1:15</b> Chat Room Conversations <b>4:00</b> Happy Hour <b>4:45</b> Noodle Ball <b>5:45</b> Supper <b>6:15</b> Evening Stroll	<b>27</b> <b>10:30</b> Morning Walks <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Finishing Lines <b>4:00</b> Number Bingo <b>4:45</b> Word Activities <b>5:45</b> Supper <b>6:15</b> Evening Chats
	<b>28</b> <b>10:00</b> Sunday Worship <b>11:30</b> <b>Eve-performs piano</b> <b>12:00</b> Noodle Ball <b>12:45</b> Lunch <b>1:15</b> Trivia Questions <b>4:00</b> Puzzles/Board Games <b>4:45</b> Bowling <b>5:45</b> Supper <b>6:15</b> Evening Movie /Chats	<b>29</b> <b>10:30</b> Morning Walks <b>12:00</b> Balloon Toss <b>12:45</b> Lunch <b>1:15</b> Famous People <b>4:00</b> Word Categories <b>4:45</b> Ladder Ball <b>5:45</b> Supper <b>6:15</b> Evening Chats	<b>30</b> <b>10:30</b> Morning Chats <b>12:00</b> Exercising with Bands <b>12:45</b> Lunch <b>1:15</b> Reminisce Stories <b>4:00</b> Wheel of Fortune <b>4:45</b> Noodle Ball <b>5:45</b> Supper <b>6:15</b> Room Visits	<b>31</b> <b>10:30</b> Morning Walks <b>12:00</b> Paddle Ball <b>12:45</b> Lunch <b>1:15</b> Finishing Lyrics <b>4:00</b> Jumbo Sequence <b>4:45</b> Word Activities <b>5:45</b> Supper <b>6:15</b> Evening Chats			Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding.