

# March 2020



**Arbor Lakes Senior Living**  
 12001 80th Avenue North Maple Grove, MN 55369  
 Chef / Reservations: 763-575-7026  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <b>Noontime Dinner</b> <i>Bruschetta Baked Grouper</i> OR <i>Champagne Chicken</i> <b>Evening Supper</b> <i>Sloppy Joe</i> OR <i>Flat Bread Pizza</i>	<b>2</b> <b>Noontime Dinner</b> <i>Crispy Fried Chicken</i> OR <i>Pork Chops in Mushroom Gravy</i> <b>Evening Supper</b> <i>Macaroni &amp; Cheese Bake</i> OR <i>Turkey Burger</i>	<b>3</b> <b>Noontime Dinner</b> <i>Swiss Steak in Tomato Gravy</i> OR <i>Cheese Stuffed Manicotti</i> <b>Evening Supper</b> <i>Beef Tips in Mushroom Gravy</i> OR <i>Grilled Shrimp Caesar Salad</i>	<b>4</b> <b>Noontime Dinner</b> <i>Korean Boneless Short Ribs</i> OR <i>Crunchy Onion Chicken Breast</i> <b>Evening Supper</b> <i>Hawaiian Roll Ham Sandwich</i> OR <i>Open Faced English Muffin Melt</i>	<b>5</b> <b>Noontime Dinner</b> <i>London Beef Broil</i> OR <i>Pecan Crusted Salmon</i> <b>Evening Supper</b> <i>Pulled Pork Sliders</i> OR <i>Chicken lasagna</i>	<b>6</b> <b>Noontime Dinner</b> <i>Rock Cornish Game Hen</i> OR <i>Beer Battered Walleye</i> <b>Evening Supper</b> <i>Apple Fritter French Toast</i> OR <i>Hot Ham &amp; Cheese on Croissant</i>	<b>7</b> <b>Noontime Dinner</b> <i>Homemade Beef Stew</i> OR <i>Potato Crusted Cod</i> <b>Evening Supper</b> <i>Pizza By The Slice</i> OR <i>BLT Sandwich/Fresh Fruit</i>
<b>8</b> <b>Noontime Dinner</b> <i>Italian Beef Pot Roast</i> OR <i>Oriental Breaded Deep Shrimp</i> <b>Evening Supper</b> <i>Homemade Chicken Pot Pie</i> OR <i>Patty Melt on Wheat</i>	<b>9</b> <b>Noontime Dinner</b> <i>BBQ Smoked Beef Brisket</i> OR <i>Fresh Salmon with Dill Sauce</i> <b>Evening Supper</b> <i>Popcorn Shrimp</i> OR <i>Hungarian Beef Goulash</i>	<b>10</b> <b>Noontime Dinner</b> <i>Beef &amp; Broccoli Stir-Fry</i> OR <i>Brie &amp; Apple Stuffed Chicken</i> <b>Evening Supper</b> <i>Creamed Chipped Beef on Toast</i> OR <i>Josh's Chicken Fried Rice</i>	<b>11</b> <b>Noontime Dinner</b> <i>Chicken &amp; Dumplings</i> OR <i>Rosemary Mustard Pork</i> <b>Evening Supper</b> <i>Chicken Wings</i> OR <i>Jamil's Chopped Salad</i>	<b>12</b> <b>Noontime Dinner</b> <i>Red Wine Braised Short Ribs</i> OR <i>Broiled Garlic &amp; Butter Shrimp</i> <b>Evening Supper</b> <i>Beef Fajitas</i> OR <i>Grilled Cheese &amp; Tomato soup</i>	<b>13</b> <b>Noontime Dinner</b> <i>Pan Fried Ruby Red Trout</i> OR <i>Fire Roasted Pork Loin</i> <b>Evening Supper</b> <i>Maryland Crab Cakes</i> OR <i>Chicken Chow Mein</i>	<b>14</b> <b>Noontime Dinner</b> <i>Roasted Lemon Thyme Chicken</i> OR <i>Beef Stroganoff</i> <b>Evening Supper</b> <i>Cheese Ravioli</i> OR <i>Hot Roast Beef Sandwich</i>
<b>15</b> <b>Noontime Dinner</b> <i>Honey Mustard Chicken Breast</i> OR <i>Spaghetti and Meat Sauce</i> <b>Evening Supper</b> <i>Chef's Breakfast Platter</i> OR <i>French Bread Pizza</i>	<b>16</b> <b>Noontime Dinner</b> <i>Swedish Meatballs</i> OR <i>Lemon Pepper Tilapia</i> <b>Evening Supper</b> <i>Loaded Baked Potato</i> OR <i>Quiche Lorraine w/Fresh Fruit</i>	<b>17</b>  <b>St Patrick's Day</b> <b>Noontime Dinner</b> <i>Corned Beef &amp; Cabbage</i> OR <i>Lemon Parsley Baked Cod</i> <b>Evening Supper</b> <i>Soft Shell Chicken Taco</i> OR <i>Beef &amp; Wild Rice Hotdish</i>	<b>18</b> <b>Noontime Dinner</b> <i>Beef Burgundy</i> OR <i>Pork Tenderloin</i> <b>Evening Supper</b> <i>Fried Chicken &amp; Waffles</i> OR <i>Cheddar Cheese Burger</i>	<b>19</b> <b>Noontime Dinner</b> <i>Fried Chicken</i> OR <i>Brown Sugar &amp; Maple Ham</i> <b>Evening Supper</b> <i>Jean's Mixed green Salad</i> OR <i>New Yorkers Rueben</i>	<b>20</b> <b>Noontime Dinner</b> <i>Teriyaki Glazed Salmon</i> OR <i>Broccoli Stuffed Chicken</i> <b>Evening Supper</b> <i>Tavern Battered Fish Sandwich</i> OR <i>Grandmothers Hamburger Gravy</i>	<b>21</b> <b>Noontime Dinner</b> <i>BBQ Pork Ribs</i> OR <i>Coconut Tilapia</i> <b>Evening Supper</b> <i>Josh's Burger Salad</i> OR <i>Macaroni &amp; Cheese w/Kielbasa</i>
<b>22</b> <b>Noontime Dinner</b> <i>Midwest Meatloaf</i> OR <i>Chicken Cordon Blue</i> <b>Evening Supper</b> <i>Cuban Sandwich</i> OR <i>Chili Dog</i>	<b>23</b> <b>Noontime Dinner</b> <i>Country Fried Steak</i> OR <i>Chicken Ala King</i> <b>Evening Supper</b> <i>Ham &amp; Scallop Potato Casserole</i> OR <i>Turkey &amp; Swiss on Cranberry</i>	<b>24</b> <b>Noontime Dinner</b> <i>Crab Stuffed Roughy</i> OR <i>Apricot Herb Chicken Quarters</i> <b>Evening Supper</b> <i>Beef &amp; Onions on French Bread</i> OR <i>Chicken Cashew Salad</i>	<b>25</b> <b>Noontime Dinner</b> <i>Pan Fried Walleye</i> OR <i>Chicken Parmesan</i> <b>Evening Supper</b> <i>Grilled Chicken Cobb Salad</i> OR <i>Mushroom &amp; Swiss Burger</i>	<b>26</b> <b>Noontime Dinner</b> <i>Beer Smoked Beef Brisket</i> OR <i>Harvest Pork Chop</i> <b>Evening Supper</b> <i>Bananas Foster French Toast</i> OR <i>Homemade Beef Chili</i>	<b>27</b> <b>Noontime Dinner</b> <i>Prime Rib Of Beef</i> OR <i>Fresh Maple Glazed Salmon</i> <b>Evening Supper</b> <i>Chicken Alfredo</i> OR <i>Breaded Fried Shrimp</i>	<b>28</b> <b>Noontime Dinner</b> <i>Open Faced Hot Turkey Sandwich</i> OR <i>Baked Ziti Casserole</i> <b>Evening Supper</b> <i>Spinach Salad</i> OR <i>Grilled Cheese and Bacon</i>
<b>29</b> <b>Noontime Dinner</b> <i>Beef Pot Roast</i> OR <i>Potato Crusted Cod</i> <b>Evening Supper</b> <i>Creamed Tuna over Toast</i> OR <i>Turkey Rachel Sandwich</i>	<b>30</b> <b>Noontime Dinner</b> <i>Fire Roasted Chicken</i> OR <i>Pineapple Brown Sugar Ham</i> <b>Evening Supper</b> <i>Hamburger Steak</i> OR <i>Wisconsin Beer Brat</i>	<b>31</b> <b>Noontime Dinner</b> <i>Salisbury Steak</i> OR <i>Vegetable Lasagna</i> <b>Evening Supper</b> <i>Egg Salad Sandwich</i> OR <i>Amish Beef Casserole</i>		<b>Menu Subject To Seasonal Change</b> <b>All Menus Are Based On A 5 Week Seasonal Rotation</b> <b>Chef Is Available To Discuss Any Special Requests/Requirement</b>	<b>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</b> <b>Meal Times</b> 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper	<b>Tuesday March 31st Made to Order Breakfast Main Dining Room 8 AM - 9 AM</b> 