




September 2022

Arbor Lakes Senior Living
West Memory Care Activity Calendar
12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Weather permitting - we will be spending a lot of spontaneous time on the patio, listening to music, gardening, animal watching, and enjoying the warm weather!</p>				<p>1 10:30 Scripture Reading 12:00 Paddle Ball 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Fall Art 4:45 Ladder Ball 5:45 Supper 6:15 Evening Stroll / Chats</p>	<p>2 10:30 Walks/Visits 12:00 Exercise with Bands 12:45 Lunch 1:10 Finishing Lines 4:00 Social Hour 4:45 Bowling 5:45 Supper 6:15 Room Visits</p>	<p>3 10:30 Morning Chats 12:00 Paddle Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Po-Ke-No 4:45 Word Activities 5:45 Supper 6:15 Evening Chats</p>
<p>4 10:00 Sunday Worship 2nd floor 12:00 Noodle Ball 12:45 Lunch 1:10 Lucky -Therapy Dog 4:15 Eve Miller- Piano 4:45 Board Games /Cards 5:45 Supper 6:15 Evening Movie /Chats</p>	<p>5 10:30 Morning Walks/Visits 12:00 Balloon Toss 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Puzzles 4:45 Sweep Six Dice Game 5:45 Supper 6:15 Evening Chats</p>	<p>6 10:30 Morning Chats 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lyrics 4:00 Paddle Ball 4:45 Famous People 5:45 Supper 6:15 Room Visits</p>	<p>7 11:15 Lucky - Therapy Dog 12:00 Making Words 12:45 Lunch 1:10 Trivia Questions 4:00 Bingo 4:45 Wheel of Fortune 5:45 Supper 6:15 Evening Chats</p>	<p>8 11:30 KAYR Tones Perform 12:00 Noodle Ball 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Ladder Ball 4:45 Word Categories 5:45 Supper 6:15 Evening Strolls / Chats</p>	<p>9 10:30 Morning Walks/Visits 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lines 4:00 Social Hour 4:45 Bowling 5:45 Supper 6:15 Room Visits</p>	<p>10 10:30 Morning Chats 12:00 Paddle Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Po-Ke-No 4:45 A to Z Trivia 5:45 Supper 6:15 Evening Chats</p>
<p>11 10:00 Sunday Worship 2nd floor 12:00 Noodle Ball 12:45 Lunch 1:10 Chat Pack 4:15 Eve Miller- Piano 4:45 Board Games /Cards 5:45 Supper 6:15 Evening Movie /Chats</p>	<p>12 10:30 Walks / Visits 12:00 Balloon Toss 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Puzzles 4:45 Sweep Six Dice Game 5:45 Supper 6:15 Evening Chats</p>	<p>13 10:30 Morning Chats 12:00 Exercising with Bands 12:45 Lunch 3:45 Eastman Nature Center BIRDS 4:45 Wheel of Fortune 5:45 Supper 6:15 Room Visits</p>	<p>14 10:30 Morning Visits 12:00 Noodle Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Number BIngo 4:45 Airplane/Tossing Games 5:45 Supper 6:15 Evening Strolls/Chats</p>	<p>15 10:30 Scripture Reading 12:00 Ax Throwing 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Fall Art 4:45 A to Z Trivia 5:45 Supper 6:15 Evening Strolls/Visits</p>	<p>16 10:30 Morning Walks/Visits 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lines 4:00 Social Hour 4:45 Balloon Toss 5:45 Supper 6:15 Room Visits</p>	<p>17 10:30 Morning Chats 12:00 Paddle Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Po-Ke-No 4:45 Bowling 5:45 Supper 6:15 Evening Chats</p>
<p>18 10:00 Sunday Worship 2nd floor 12:00 Noodle Ball 12:45 Lunch 1:10 Lucky -Therapy Dog 4:15 Eve Miller- Piano 4:45 Basketball - Shooting Hoops 5:45 Supper 6:15 Evening Movie /Chats</p>	<p>19 10:30 Morning Walks 12:00 Balloon Toss 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Number Bingo 4:45 Bowling 5:45 Supper 6:15 Evening Chats</p>	<p>20 10:30 Morning Chats 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lyrics 4:00 Sweep Six Dice Game 4:45 Word Activities 5:45 Supper 6:15 Room Visits</p>	<p>21 11:15 Lucky - Therapy Dog 12:00 Paddle Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Jumbo Sequence 4:45 A to Z Trivia 5:45 Supper 6:15 Evening Chats</p>	<p>22 10:30 Room Visits 12:00 Noodle Ball 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Fall Art 4:45 Wheel of Fortune 5:45 Supper 6:15 Evening Stroll / Chats</p>	<p>23 10:30 Morning Walks/Visits 12:00 Exercise with Bands 12:45 Lunch 1:10 Chat Room Conversations 4:00 Social Hour 4:45 Balloon Toss 5:45 Supper 6:15 Room Visits</p>	<p>24 10:30 Morning Chats 12:00 Paddle Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Number BIngo 4:45 Word Activities 5:45 Supper 6:15 Evening Visits</p>
<p>25 10:00 Sunday Worship 2nd floor 12:00 Ladder Ball 12:45 Lunch 1:10 Chicken Soup Stories 4:15 Eve Miller- Piano 4:45 Puzzles /Games 5:45 Supper 6:15 Evening Movie /Chats</p>	<p>26 10:30 Morning Walks 12:00 Balloon Toss 12:45 Lunch 1:10 Finishing Lines 4:00 Sweep Six Dice Game 4:45 Bowling 5:45 Supper 6:15 Evening Chats</p>	<p>27 10:30 Morning Chats 12:00 Exercising with Bands 12:45 Lunch 1:10 Finishing Lyrics 4:00 Airplane/Tossing Games 4:45 Pictionary 5:45 Supper 6:15 Room Visits</p>	<p>28 10:30 Morning Chats 12:00 Noodle Ball 12:45 Lunch 1:10 Trivia Questions 4:00 Bingo 4:45 Highlights of Minnesota 5:45 Supper 6:15 Evening Chats</p>	<p>29 10:30 Scripture Reading 12:00 Ax Throwing 12:45 Lunch 1:10 Chicken Soup Stories 4:00 Fall Art 4:45 Balloon Toss 5:45 Supper 6:15 Evening Stroll / Chats</p>	<p>30 10:30 Morning Walks/Visits 12:00 Exercise with Bands 12:45 Lunch 1:10 Chat Pack 4:00 Jumbo Sequence/Games 4:45 A to Z Trivia 5:45 Supper 6:15 Room Visits</p>	<p>Activity Calendar is subject to change. Please check daily posting for any schedule changes. Thank you for your understanding</p>