


# January 2021



Arbor Lakes Senior Living  
12001 80th Avenue North Maple Grove, MN 55369  
Chef / Reservations: 763-575-7026  
Email: [jeanh@arborlakesseniorking.com](mailto:jeanh@arborlakesseniorking.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p><b>Menu Subject To Seasonal Change</b></p> <p><b>All Menus Are Based On A 5 Week Seasonal Rotation</b></p> <p><b>Chef Is Available To Discuss Any Special Requests/Requirement</b></p>			<p><b>New Years Day</b></p> <p><b>Noontime Dinner</b> Broiled Walleye Baked Potato Vegetable Du jour</p> <p><b>Evening Supper</b> Apple Fritter French Toast Breakfast links Fresh Fruit</p>	<p><b>Noontime Dinner</b> Chicken Cordon Blue Rice Pilaf Fresh Broccoli</p> <p><b>Evening Supper</b> Open Faced Beef Pot Roast Sandwich, Mashed Potato, Gravy, Mixed Vegetable</p>
<p><b>Noontime Dinner</b> Italian Beef Pot Roast Potatoes Romanoff Fresh Vegetable</p> <p><b>Evening Supper</b> Chicken Alfredo Fresh Broccoli Breadstick</p>	<p><b>Noontime Dinner</b> BBQ Smoked Beef Brisket Macaroni &amp; Cheese Fresh Vegetable</p> <p><b>Evening Supper</b> Popcorn Shrimp Tater Tots Cocktail Sauce</p>	<p><b>Noontime Dinner</b> Beef and Broccoli Stir Fry White Rice Cream Cheese Wanton</p> <p><b>Evening Supper</b> Chicken Wings Celery &amp; Carrot Sticks Ranch Dipping Sauce</p>	<p><b>Noontime Dinner</b> Swedish Meat Balls Over Noodles Peas Pearl Onions</p> <p><b>Evening Supper</b> Josh's Chicken Fried Rice Spring Roll</p>	<p><b>Noontime Dinner</b> Broiled Garlic &amp; Butter Shrimp Mashed Potatoes Vegetable Medley</p> <p><b>Evening Supper</b> Beef Fajitas Peppers, Onions, Flour Tortilla Sour Cream &amp; Salsa</p>	<p><b>Noontime Dinner</b> Baked Apple Pork Chop Au Gratin Vegetable Du Jour</p> <p><b>Evening Supper</b> Chicken Rigatoni Pasta Bake Artichokes, Sundried Tomato Spinach, Alfredo Sauce</p>	<p><b>Noontime Dinner</b> Roasted Lemon Chicken Quarter Baked Potato Carrots</p> <p><b>Evening Supper</b> Mushroom &amp; Swiss Burger French Fries, Pickle</p>
<p><b>Noontime Dinner</b> Honey Glazed Ham Sweet Potatoes Peas</p> <p><b>Evening Supper</b> Chef's Breakfast Pancakes, Scrambled Egg Sausage Links</p>	<p><b>Noontime Dinner</b> Lemon Pepper Tilapia Wild Rice Pilaf Peas &amp; Pearl Onions</p> <p><b>Evening Supper</b> Loaded Baked Potato Bacon Bits, Cheese Broccoli Sour Cream and Chives</p>	<p><b>Noontime Dinner</b> Chef's Italian Sausage lasagna Garlic Bread Fresh Vegetable</p> <p><b>Evening Supper</b> Soft Shell Chicken Tacos Lettuce, Pico De Gallo, Cheese Sour Cream, Salsa</p>	<p><b>Noontime Dinner</b> Beef Stroganoff Mashed Potatoes Fresh Broccoli</p> <p><b>Evening Supper</b> Cheddar Cheeseburger French Fries Pickle</p>	<p><b>Noontime Dinner</b> Fried Chicken Roasted Sweet Potatoes Vegetable Medley</p> <p><b>Evening Supper</b> BBQ Chicken Flatbread Pizza Smoked Gouda cheese Caramelized Onions</p>	<p><b>Noontime Dinner</b> Teriyaki Glazed Salmon Baked Potato Vegetable Du Jour</p> <p><b>Evening Supper</b> Texas BBQ Brisket Sandwich BBQ Sauce, Coleslaw</p>	<p><b>Noontime Dinner</b> BBQ Pork Ribs Baby Red Potato Salad Baked Beans</p> <p><b>Evening Supper</b> Josh's Burger Salad Lettuce, Tomato, Cheese Burger, Bacon Bits, Special Sauce</p>
<p><b>Noontime Dinner</b> Midwest Meatloaf Mashed Potato, Gravy Kernel Corn</p> <p><b>Evening Supper</b> Chili Dog Onion Rings</p>	<p><b>Noontime Dinner</b> Country Fried Beef Steak, Gravy Twice Baked Potato Mixed Vegetable</p> <p><b>Evening Supper</b> Turkey &amp; Swiss Sandwich On Cranberry Wild Rice Bread Wild Rice Soup</p>	<p><b>Noontime Dinner</b> Apricot Herb Chicken Quarter Mashed Potato Fresh Vegetable</p> <p><b>Evening Supper</b> Chicken Cashew Salad Fresh Fruit Muffin</p>	<p><b>Noontime Dinner</b> Chicken Parmesan Pasta, Marinara sauce Fresh Zucchini</p> <p><b>Evening Supper</b> Ginger Orange Beef With Vegetable White Rice Spring Roll</p>	<p><b>Noontime Dinner</b> Smoked Beef Brisket, Bourbon Sauce, Baby Corn Casserole</p> <p><b>Evening Supper</b> Chicken Tenderloins Honey Mustard Sauce Potato Salad</p>	<p><b>Noontime Dinner</b> Prime Rib Of Beef Baked Potato French Cut Green Beans</p> <p><b>Evening Supper</b> Chef's Breakfast Pancakes, Scrambled Eggs Breakfast Sausage Links</p>	<p><b>Noontime Dinner</b> Open Faced Hot Turkey Sandwich Mashed Potato, Gravy Gravy, Kernel Corn</p> <p><b>Evening Supper</b> Italian Sausage Pasta Bake Mozzarella Cheese, Marinara Breadstick</p>
<p><b>Noontime Dinner</b> Pecan Crusted Tilapia Garden Rice Blend Fresh Vegetable</p> <p><b>Evening Supper</b> Grilled Cheese Tomato Soup</p>	<p><b>Noontime Dinner</b> Fire Roasted Chicken Oven Roasted Potato Fresh Vegetable</p> <p><b>Evening Supper</b> Wisconsin Beer Brat Sauerkraut French Fries</p>	<p><b>Noontime Dinner</b> Salisbury Steak Mashed Potatoes, Gravy Vegetable Du Jour</p> <p><b>Evening Supper</b> Egg Salad Sandwich, on Soft Roll Cream Of Asparagus Soup</p>	<p><b>Noontime Dinner</b> Turkey Dinner w/ Mashed Potato, Gravy, Stuffing, Green Bean Casserole, Cranberries</p> <p><b>Evening Supper</b> Beef Taco Salad, Crispy Tortillas Lettuce, Cheese, Pico De Gallo Sour Cream, Salsa</p>	<p><b>Noontime Dinner</b> Tempura Battered Shrimp Roasted Sweet Potatoes Vegetable Du Jour</p> <p><b>Evening Supper</b> Homemade Chili Shredded Cheese, Sour Cream Corn Bread</p>	<p><b>Noontime Dinner</b> Poached Citrus Salmon Baked Potato Vegetable Medley</p> <p><b>Evening Supper</b> London Fish &amp; Chip Basket Tartar Sauce</p>	<p><b>Noontime Dinner</b> Country Style Pork Ribs Fingerling Potatoes Peas</p> <p><b>Evening Supper</b> Florentine Burger, Brioche Bun Yukon Gold Chips</p>