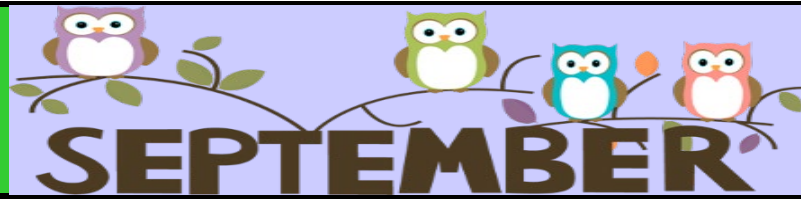


September 2023



Arbor Lakes Senior Living
 EAST Memory Care Activity Calendar
 12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding!</p>	<p>BIRTHDAYS</p> <p>Doris 9-16 Butch 9-22</p>	<p>September 8th: Birthday Celebration with music from Duke Zecco (vocal/guitar)</p>	<p>September 10th:</p>	<p>September 23rd</p>	<p>1 10:00 Morning Visits 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Basketball 4:30 Supper 5:15 Armchair Traveler 5:45 Shake Loose A Memory</p>	<p>2 10:00 Current Events 11:00 Paddle Ball 11:30 Lunch 12:30 Barrel of Laughs 2:45 Card Games 3:30 Patio Time 4:30 Supper 5:15 Finishing Lyrics 5:45 Evening Chats</p>
<p>3 9:45 <i>Worship Video</i> 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Wheel of Fortune 3:45 Ring Toss 4:30 Supper 5:15 Hymn Sing 5:45 Reminiscing</p>	<p>4 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everyone Loves Raymond 2:45 BINGO 3:30 Making Words 4:30 Supper 5:15 Finishing Lines 5:45 Evening Chats</p>	<p>5 10:00 Hand Massage 11:00 Balloon Toss 11:30 Lunch 12:30 Westerns 2:45 Jigsaw Puzzles 3:30 Bean Bag Toss 4:30 Supper 5:15 Movie Trivia 5:45 Room Visits</p>	<p>6 10:00 Morning Walks 10:30 Lorry & Lucky </p> <p>11:30 Lunch 12:30 Barrel of Laughs 2:45 Table Top Bowling 3:30 Black Jack 4:30 Supper 5:15 Armchair Traveler 5:45 Evening Strolls</p>	<p>7 10:00 Scripture Reading </p> <p>11:00 Noodle Ball 11:30 Lunch 12:30 TV Classics 2:45 Horse Racing 3:30 Horseshoes 4:30 Supper 5:15 Call Out the Answer 5:45 Evening Strolls</p>	<p>8 10:45 Celebrate Bday's w/ Duke Zecco </p> <p>11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Basketball 4:30 Supper 5:15 Armchair Traveler 5:45 Shake Loose A Memory</p>	<p>9 10:00 Current Events 11:00 Paddle Ball 11:30 Lunch 12:30 Barrel of Laughs 2:45 Card Games 3:30 Patio Time 4:30 Supper 5:15 Reading Roundtable 5:45 Evening Chats</p>
<p>10 9:45 <i>Worship Video</i> 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Communion-Catholic 3:00 Wheel of Fortune 3:45 Ring Toss 4:30 Supper 5:15 Hymn Sing/Reminiscing</p>	<p>11 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everyone Loves Raymond 2:45 BINGO 3:30 Making Words 4:30 Supper 5:15 Finishing Lines 5:45 Evening Chats</p>	<p>12 10:00 Hand Massage 11:00 Balloon Toss 11:30 Lunch 12:30 Westerns 2:45 Jigsaw Puzzles 3:30 Bean Bag Toss 4:30 Supper 5:15 Travel & Monuments 5:45 Room Visits</p>	<p>13 10:00 Morning Walks 11:00 Movin and Groovin 11:30 Lunch 12:30 Barrel of Laughs 2:45 Table Top Bowling 3:30 Black Jack 4:30 Supper 5:15 Armchair Traveler 5:45 Evening Chats</p>	<p>14 10:00 Scripture Reading </p> <p>11:00 Noodle Ball 11:30 Lunch 12:30 TV Classics 2:45 Craft of the Month 3:30 Horseshoes 4:30 Supper 5:15 Call Out the Answer 5:45 Evening Strolls</p>	<p>15 10:00 Morning Visits 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Basketball 4:30 Supper 5:15 Armchair Traveler 5:45 Shake Loose A Memory</p>	<p>16 10:00 Current Events 11:00 Paddle Ball 11:30 Lunch 12:30 Barrel of Laughs 2:45 Card Games 3:30 Patio Time 4:30 Supper 5:15 Finishing Lyrics 5:45 Evening Chats</p>
<p>17 9:45 <i>Worship Video</i> 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Wheel of Fortune 3:45 Ring Toss 4:30 Supper 5:15 Hymn Sing 5:45 Reminiscing</p>	<p>18 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everyone Loves Raymond 2:45 BINGO 3:30 Making Words 4:30 Supper 5:15 Finishing Lines 5:45 Evening Chats</p>	<p>19 10:00 Hand Massage 11:00 Balloon Toss 11:30 Lunch 12:30 Westerns 2:45 Jigsaw Puzzles 3:30 Bean Bag Toss 4:30 Supper 5:15 Name that Bird 5:45 Room Visits</p>	<p>20 10:00 Morning Walks 10:30 Lorry & Lucky </p> <p>11:30 Lunch 12:30 Barrel of Laughs 2:45 Table Top Bowling 3:30 Black Jack 4:30 Supper 5:15 Armchair Traveler 5:45 Evening Chats</p>	<p>21 10:00 Scripture Reading </p> <p>11:00 Noodle Ball 11:30 Lunch 12:30 TV Classics 2:45 Horse Racing 3:30 Horseshoes 4:30 Supper 5:15 Call Out the Answer 5:45 Evening Strolls</p>	<p>22 10:00 Morning Visits 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Basketball 4:30 Supper 5:15 Armchair Traveler 5:45 Shake Loose A Memory</p>	<p>23 10:00 Current Events 11:00 Paddle Ball 11:30 Lunch 12:30 Barrel of Laughs 2:45 Card Games 3:30 Patio Time 4:30 Supper 5:15 Reading Roundtable 5:45 Evening Chats</p>
<p>24 9:45 <i>Worship Video</i> 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Communion-Catholic 3:00 Wheel of Fortune 3:45 Ring Toss 4:30 Supper 5:15 Hymn Sing/Reminiscing</p>	<p>25 10:00 Morning Walks 11:00 Paddle Ball 11:30 Lunch 12:30 Everyone Loves Raymond 2:45 BINGO 3:30 Making Words 4:30 Supper 5:15 Finishing Lines 5:45 Evening Chats</p>	<p>26 10:00 Hand Massage 11:00 Balloon Toss 11:30 Lunch 12:30 Westerns 2:45 Jigsaw Puzzles 3:30 Bean Bag Toss 4:30 Supper 5:15 Movie Trivia 5:45 Room Visits</p>	<p>27 10:00 Morning Walks 11:00 Movin and Groovin 11:30 Lunch 12:30 Barrel of Laughs 2:45 Table Top Bowling 3:30 Black Jack 4:30 Supper 5:15 Armchair Traveler 5:45 Evening Chats</p>	<p>28 10:00 Scripture Reading </p> <p>11:00 Noodle Ball 11:30 Lunch 12:30 TV Classics 2:45 Horse Racing 3:30 Horseshoes 4:30 Supper 5:15 Call Out the Answer 5:45 Evening Strolls</p>	<p>29 10:00 Morning Visits 11:00 Movin and Groovin 11:30 Lunch 12:30 Musical 2:45 Social Hour 3:30 Basketball 4:30 Supper 5:15 Armchair Traveler 5:45 Shake Loose A Memory</p>	<p>30 10:00 Current Events 11:00 Paddle Ball 11:30 Lunch 12:30 Barrel of Laughs 2:45 Card Games 3:30 Patio Time 4:30 Supper 5:15 Finishing Lyrics 5:45 Evening Chats</p>

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