

January 2019


SOUTHVIEW
 SENIOR COMMUNITIES



Embracing life. Enriching lives.

Arbor Lakes Senior Living

12001 80th Avenue North Maple Grove, MN 55369

Chef / Reservations: 763-575-7026

Email: jeanh@arborlakesseniorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 Made to Order Breakfast Main Dining Room 8 AM - 9 AM January 22nd	1 New Years Day Noontime Dinner Crab Stuffed Orange Roughy OR Apricot Herb Chicken Quarters Evening Supper Ham & Scallop Potato Casserole OR Grilled Turkey & Swiss	2 Noontime Dinner Pan Fried Walleye OR Chicken Parmesan Evening Supper Grilled Chicken Cobb Salad OR Mushroom & Swiss Burger	3 Noontime Dinner Boneless Beef Short Ribs OR Harvest Pork Chop Evening Supper Bananas Foster French Toast OR Homemade Beef Chili	4 Noontime Dinner Prime Rib Of Beef OR Fresh Maple Glazed Salmon Evening Supper Chicken Alfredo OR Breaded Fried Shrimp	5 Noontime Dinner Open Faced Hot Turkey Sandwich OR Baked Ziti casserole Evening Supper Spinach Salad OR Grilled Cheese and Bacon
6 Noontime Dinner Beef Pot Roast OR Potato Crusted Cod Evening Supper Creamed Tuna Over Toast OR Turkey Rachel Sandwich	7 Noontime Dinner Fire Roasted Chicken OR Pineapple Brown Sugar Ham Evening Supper Hamburger Steak OR Wisconsin Beer Brat	8 Noontime Dinner Salisbury Steak OR Poached Halibut with Citrus Aioli Evening Supper Egg Salad Sandwich OR Amish Beef Casserole	9 Noontime Dinner Oven Roasted Turkey OR Grilled Beef Tenderloin Evening Supper Stuffed French Toast OR Beef Taco Salad	10 Noontime Dinner Broiled Barramundi OR Beer Cheese Chicken Fondue Evening Supper Jumbo Hot Dog OR Chicken Enchilada	11 Noontime Dinner Poached Citrus Salmon OR Pork Prime Rib Evening Supper London Fish & Chips OR Grilled Ham & Cheese	12 Noontime Dinner Country Style Pork Ribs OR Coconut Shrimp Evening Supper Belgian Waffles OR Florentine Burger
13 Noontime Dinner Bruschetta Baked Grouper OR Champagne Chicken Evening Supper Sloppy Joe OR Flat Bread Pizza	14 Noontime Dinner Crispy Fried Chicken OR Pork Chops In Mushroom Gravy Evening Supper Macaroni & Cheese Bake OR Turkey Burger	15 Noontime Dinner Swiss Steak In Tomato Gravy OR Bacon Wrapped Pork Filet Evening Supper Beef Tips In Mushroom Gravy OR Grilled Shrimp Caesar Salad	16 Noontime Dinner Korean Boneless Short Ribs OR Crunchy Onion Chicken Evening Supper Hawaiian Roll Ham Sandwich OR English Muffin Tuna Melt	17 Noontime Dinner London Beef Broil OR Pecan Crusted Salmon Evening Supper Pulled Pork Sliders OR Chicken Lasagna	18 Noontime Dinner Fresh Salmon w/Miso-Ginger Glaze OR Rock Cornish Game Hen Evening Supper Apple Fritter French Toast OR Ham Salad on Croissant	19 Noontime Dinner Homemade Beef Stew OR Sweet & Sour Pork Evening Supper Pizza by the Slice OR BLT Sandwich
20 Noontime Dinner Italian Beef Pot Roast OR Oriental Breaded Shrimp Evening Supper Homemade Chicken Pot Pie OR Patty Melt on Wheat	21 Noontime Dinner BBQ Smoked Beef Brisket OR Fresh Salmon W/Dill Sauce Evening Supper Popcorn Shrimp OR Hungarian Beef Goulash	22 Noontime Dinner Beef & Broccoli Stir-Fry OR Brie & Apple Stuffed Chicken Evening Supper Creamed Chipped Beef on Toast OR Josh's Chicken Fried Rice	23 Noontime Dinner Chicken & Dumplings OR Rosemary Mustard Pork Evening Supper Chicken Wings OR Jamil's Chopped Salad	24 Noontime Dinner Red Wine Braised Short Ribs OR Broiled Garlic & Butter Shrimp Evening Supper Chicken Fried Steak OR Chili Dog	25 Noontime Dinner Pan Fried Rainbow Trout OR Fire Roasted Pork Loin Evening Supper Maryland Crab Cakes OR Chicken Chow Mein	26 Noontime Dinner Roasted Lemon Thyme Chicken OR Beef Stroganoff Evening Supper Chasse Ravioli OR Open Faced Hot Beef Sandwich
27 Noontime Dinner Honey Mustard Chicken Breast OR Spaghetti & Meat Sauce Evening Supper Chef's Breakfast Platter OR French Bread Pizza	28 Noontime Dinner Swedish Meatballs OR Lemon Pepper Tilapia Evening Supper Loaded Baked Potato OR Italian Stromboli	29 Noontime Dinner Chef's Italian Sausage Lasagna OR Lemon Vinaigrette Chicken Evening Supper Soft Shell Chicken Taco OR Grilled Cheese Sandwich	30 Noontime Dinner Beef Burgundy OR Pork Tenderloin Evening Supper Fried Chicken & Waffles OR Cheddar Cheese Burger	31 Noontime Dinner Oven Roasted Turkey Dinner OR Maple Glazed Ham Evening Supper Stuffed French Toast OR Beef Taco Salad	Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement	
						Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper