

January 2020



Arbor Lakes Senior Living
 12001 80th Avenue North Maple Grove, MN 55369
 Chef / Reservations: 763-575-7026
 Email: jeanh@arborlakesseniorkiving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 Made to Order Breakfast Main Dining Room 8 AM - 9 AM Tuesday Jan.21	Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement	 1 New Years Day Noontime Dinner Chicken & Dumplings OR Rosemary Mustard Pork Evening Supper Chicken Wings OR Jamil's Chopped Salad	2 Noontime Dinner Red Wine Braised Short Ribs OR Broiled Butter & Garlic Shrimp Evening Supper Beef Burrito OR Chili Dog	3 Noontime Dinner Pan Fried Rainbow Trout OR Fire Roasted Pork Lion Evening Supper Maryland Crab Cakes OR Chicken Chow Mein	4 Noontime Dinner Roasted Lemon Thyme Chicken OR Beef Stroganoff Evening Supper Cheese Ravioli OR Open Faced Hot Beef Sandwich
5 Noontime Dinner Honey Mustard Chicken Breast OR Spaghetti & Meat Sauce Evening Supper Chef's Breakfast Platter OR French Bread Pizza	6 Noontime Dinner Swedish Meatballs OR Lemon Pepper Tilapia Evening Supper Loaded Baked Potato OR Quiche Lorraine W/Fresh Fruit	7 Noontime Dinner Chef's Italian Sausage Lasagna OR Sun Dried Tomato Chicken Evening Supper Soft Shell Chicken Taco OR Grilled Cheese & Tomato Soup	8 Noontime Dinner Beef Burgundy OR Pork Tenderloin Evening Supper Fried Chicken & Waffles OR Cheddar Cheese Burger	9 Noontime Dinner Fried Chicken OR Brown Sugar & Maple Ham Evening Supper Jean's Mixed green Salad OR New Yorkers Rueben	10 Noontime Dinner Herb Crusted Cod OR Broccoli & Cheese Chicken Evening Supper Cuban Sandwich OR Grandmothers Hamburger Gravy	11 Noontime Dinner BBQ Pork Ribs OR Coconut Tilapia Evening Supper Josh's Burger Salad OR Macaroni & Cheese w/Kielbasa
12 Noontime Dinner Midwest Meatloaf OR Chicken Cordon Blue Evening Supper Tavern Battered Fish Sandwich OR Country Biscuit & Gravy	13 Noontime Dinner Country Fried Steak OR Chicken Ala King Evening Supper Ham & Scallop Potato Casserole OR Turkey & Swiss on Cranberry	14 Noontime Dinner Crab Stuffed Roughty OR Apricot Herb Chicken Quarters Evening Supper Beef & Onions on French Bread OR Chicken Cashew Salad	15 Noontime Dinner Pan Fried Walleye OR Chicken Parmesan Evening Supper Grilled Chicken Cobb Salad OR Mushroom & Swiss Burger	16 Noontime Dinner Beer Smoked Beef Brisket OR Harvest Pork Chop Evening Supper Bananas Foster French Toast OR Homemade Beef Chili	17 Noontime Dinner Prime Rib Of Beef OR Fresh Maple Glazed Salmon Evening Supper Chicken Alfredo OR Breaded Fried Shrimp	18 Noontime Dinner Open Faced Hot Turkey Sandwich OR Baked Ziti Casserole Evening Supper Spinach Salad OR Grilled Cheese and Bacon
19 Noontime Dinner Beef Pot Roast OR Potato Crusted Cod Evening Supper Creamed Tuna over Toast OR Turkey Rachel Sandwich	20 Noontime Dinner Fire Roasted Chicken OR Pineapple Brown Sugar Ham Evening Supper Hamburger Steak OR Wisconsin Beer Brat	21 Noontime Dinner Salisbury Steak OR Vegetable Lasagna Evening Supper Egg Salad Sandwich OR Amish Beef Casserole	22 Noontime Dinner Oven Roasted Turkey OR Grilled Beef Tenderloin Evening Supper Stuffed French Toast OR Beef Taco Salad	23 Noontime Dinner Broiled Cod w/Wine Herb Sauce OR Beer Cheese Chicken Breast Evening Supper Jumbo Hot Dog OR Chicken Enchilada	24 Noontime Dinner Poached Citrus Salmon OR Pork Prime Rib Evening Supper London Fish & Chips OR Grilled Ham & Cheese	25 Noontime Dinner Country Style Pork Ribs OR Coconut Shrimp Evening Supper Belgian Waffles OR Florentine Burger on Brioche Bun
26 Noontime Dinner Bruschetta Baked Grouper OR Champagne Chicken Evening Supper Sloppy Joe OR Flat Bread Pizza	27 Noontime Dinner Crispy Fried Chicken OR Pork Chops in Mushroom Gravy Evening Supper Macaroni & Cheese Bake OR Turkey Burger	28 Noontime Dinner Swiss Steak in Tomato Gravy OR Cheese Stuffed Manicotti Evening Supper Beef Tips in Mushroom Gravy OR Grilled Shrimp Caesar Salad	29 Noontime Dinner Korean Boneless Short Ribs OR Crunchy Onion Chicken Breast Evening Supper Hawaiian Roll Ham Sandwich OR Open Faced English Muffin Melt	30 Noontime Dinner London Beef Broil OR Pecan Crusted Salmon Evening Supper Pulled Pork Sliders OR Chicken lasagna	31 Noontime Dinner Rock Cornish Game Hen OR Sweet & Sour Pork Evening Supper Apple Fritter French Toast OR Hot Ham & Cheese on Croissant	Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper