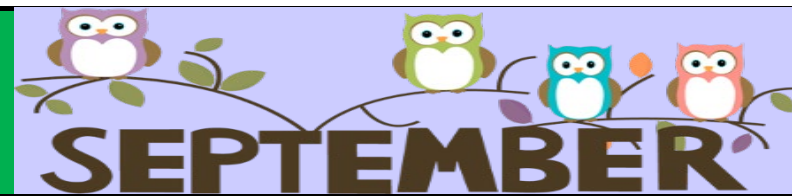


September 2023



Arbor Lakes Senior Living
 WEST Memory Care Activity Calendar
 12001 80th Avenue North Maple Grove, MN 55369

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding!	BIRTHDAYS  Ardis September 7th	September 8th: Birthday Celebration w/music from Duke Zecco (vocal/guitar) 	September 10th: 	September 23rd 	1 10:30 Morning Visits 12:00 Movin and Groovin 12:30 Outburst 12:45 Lunch 4:00 Social Hour 4:45 Card Bingo 5:30 Supper 6:15 Room Visits	2 10:30 Morning Walks 12:00 Balloon Toss 12:30 Current Events 12:45 Lunch 4:00 Card Games 4:45 Patio Time 5:30 Supper 6:15 Evening Chats
3 10:00 Sunday Worship (CR) 12:00 Movin and Groovin 12:30 Finishing Lyrics 12:45 Lunch 4:15 Wheel of Fortune 4:45 Ring Toss 5:30 Supper 6:15 Reminiscing	4 10:30 Morning Walks 12:00 Paddle Ball 12:30 Finishing Lines 12:45 Lunch 4:15 BINGO 4:45 Word Games 5:30 Supper 6:15 Evening Chats	5 10:30 Hand Massage 11:30 Communion-Catholic 12:00 Balloon Toss 12:30 Name that Animal 12:45 Lunch 4:00 Jigsaw Puzzles 4:45 Bean Bag Toss 5:30 Supper 6:15 Room Visits	6 11:00 Lorry & Lucky  12:00 Movin and Groovin 12:30 Chicken Soup Stories 12:45 Lunch 4:00 Bowling 4:45 Black Jack 5:30 Supper 6:15 Shake Loose a Memory	7 10:30 Scripture Reading  12:00 Noodle Ball 12:30 Call Out the Answer 12:45 Lunch 4:15 Horse Racing 4:45 Horseshoes 5:30 Supper 6:15 Evening Strolls	8 10:30 Morning Visits 11:30 Celebrate Birthdays with music from Duke Zecco 12:00 Movin and Groovin 12:30 Outburst, 12:45 Lunch 4:00 Social Hour 4:45 Card Bingo 5:30 Supper 6:15 Room Visits 	9 10:30 Morning Walks 12:00 Balloon Toss 12:30 Current Events 12:45 Lunch 4:00 Card Games 4:45 Patio Time 5:30 Supper 6:15 Evening Chats
10 10:00 <i>Sunday Worship</i> 12:00 Movin and Groovin 12:30 Finishing Lyrics  12:45 Lunch 2:30 Communion-Catholic 4:15 Wheel of Fortune 4:45 Ring Toss 5:30 Supper 6:15 Reminiscing	11 10:30 Morning Walks 12:00 Paddle Ball 12:30 Finishing Lines 12:45 Lunch 4:15 BINGO 4:45 Word Games 5:30 Supper 6:15 Evening Chats	12 10:30 Hand Massage 11:30 Communion-Catholic 12:00 Balloon Toss 12:30 Travel & Monuments 12:45 Lunch 4:00 Jigsaw Puzzles 4:45 Bean Bag Toss 5:30 Supper 6:15 Room Visits	13 10:30 Morning Visits 12:00 Movin and Groovin 12:30 Chicken Soup Stories 12:45 Lunch 4:15 Bowling 4:45 Black Jack 5:30 Supper 6:15 Shake Loose a Memory	14 10:30 Scripture Reading  12:00 Noodle Ball 12:30 Call Out the Answer 12:45 Lunch 4:15 Craft of the Month 4:45 Horseshoes 5:30 Supper 6:15 Evening Strolls	15 10:30 Morning Visits 12:00 Movin and Groovin 12:30 Outburst 12:45 Lunch 4:00 Social Hour 4:45 Card Bingo 5:30 Supper 6:15 Room Visits	16 10:30 Morning Walks 12:00 Balloon Toss 12:30 Current Events 12:45 Lunch 4:00 Card Games 4:45 Patio Time 5:30 Supper 6:15 Evening Chats
17 10:00 <i>Sunday Worship (CR)</i> 12:00 Movin and Groovin 12:30 Finishing Lyrics 12:45 Lunch 4:15 Wheel of Fortune 4:45 Ring Toss 5:30 Supper 6:15 Reminiscing	18 10:30 Morning Walks 12:00 Paddle Ball 12:30 Finishing Lines 12:45 Lunch 4:15 BINGO 4:45 Word Games 5:30 Supper 6:15 Evening Chats	19 10:30 Hand Massage 11:30 Communion-Catholic 12:00 Balloon Toss 12:30 Name that Bird 12:45 Lunch 4:00 Jigsaw Puzzles 4:45 Bean Bag Toss 5:30 Supper 6:15 Room Visits	20 11:00 Lorry & Lucky  12:00 Movin and Groovin 12:30 Chicken Soup Stories 12:45 Lunch 4:15 Bowling 4:45 Black Jack 5:30 Supper 6:15 Shake Loose a Memory	21 10:30 Scripture Reading  12:00 Noodle Ball 12:30 Call Out the Answer 12:45 Lunch 4:15 Horse Racing 4:45 Horseshoes 5:30 Supper 6:15 Evening Stroll	22 10:30 Morning Visits 12:00 Movin and Groovin 12:30 Outburst 12:45 Lunch 4:00 Social Hour 4:45 Card Bingo 5:30 Supper 6:15 Room Visits	23 10:30 Morning Walks 12:00 Balloon Toss 12:30 Current Events 12:45 Lunch 4:00 Card Games 4:45 Patio Time 5:30 Supper 6:15 Evening Chats 
24 10:00 <i>Sunday Worship</i> 12:00 Movin and Groovin 12:30 Finishing Lyrics 12:45 Lunch 2:30 Communion-Catholic 4:15 Wheel of Fortune 4:45 Ring Toss 5:30 Supper 6:15 Reminiscing	25 10:30 Morning Walks 12:00 Paddle Ball 12:30 Finishing Lines 12:45 Lunch 4:15 BINGO 4:45 Word Games 5:30 Supper 6:15 Evening Chats	26 10:30 Hand Massage 11:30 Communion-Catholic 12:00 Balloon Toss 12:30 Famous People 12:45 Lunch 4:00 Jigsaw Puzzles 4:45 Bean Bag Toss 5:30 Supper 6:15 Room Visits	27 10:30 Morning Visits 12:00 Movin and Groovin 12:30 Chicken Soup Stories 12:45 Lunch 4:15 Bowling 4:45 Black Jack 5:30 Supper 6:15 Shake Loose a Memory	28 10:30 Scripture Reading  12:00 Noodle Ball 12:30 Call Out the Answer 12:45 Lunch 4:15 Horse Racing 4:45 Word Puzzles 5:30 Supper 6:15 Evening Stroll	29 10:30 Morning Visits 12:00 Movin and Groovin 12:30 Outburst 12:45 Lunch 4:00 Social Hour 4:45 Card Bingo 5:30 Supper 6:15 Room Visits	30 10:30 Morning Walks 12:00 Balloon Toss 12:30 Current Events 12:45 Lunch 4:00 Card Games 4:45 Patio Time 5:30 Supper 6:15 Evening Chats

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