

# December 2019



Arbor Lakes Senior Living  
 East Memory Care Activity Calendar  
 12001 80th Avenue North Maple Grove, MN 55369

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |  |   |
|--|--|--|---|---|--|--|--|---|
| <b>1</b> 10:00 Sunday Devotions<br><b>11:00</b> Paddle Ball<br><b>11:30</b> Lunch<br><b>12:30</b> Barrel of Laughs<br><b>2:45</b> Sweep Six Dice Game<br><b>3:30</b> Bean Bag Toss<br><b>4:30</b> Supper<br><b>5:30</b> Hymn Sing<br><b>5:50</b> Piano Melodies  | <b>2</b> 10:00 Finishing Lines<br><b>11:00</b> Meditation & Stretching<br><b>11:30</b> Lunch<br><b>12:30</b> Everyone Loves Raymond<br><b>2:45</b> Picture This<br><b>3:30</b> Ladder Ball<br><b>4:30</b> Supper<br><b>5:30</b> Outburst<br><b>5:50</b> Singalong                            | <b>3</b> 10:00 Morning Walk<br><b>11:00</b> Balloon Toss<br><b>11:30</b> Lunch<br><b>12:30</b> TV Classics<br><b>2:45</b> Black Jack<br><b>3:30</b> Basketball<br><b>4:30</b> Supper<br><b>4--7</b> <b>Holiday Anniversary Celebration</b>   | <b>4</b> 10:00 Morning Inspirations<br><b>11:00</b> Paddle Ball<br><b>12:30</b> <i>Number Bingo w/Ellen</i><br><b>2:45</b> Bowling<br><b>3:30</b> Word Games<br><b>4:30</b> Supper<br><b>5:30</b> Chicken Soup Stories<br><b>6:00</b> <i>Dementia Caregiver's (CR) Support Group</i>                                  | <b>5</b> 10:00 Morning Visits<br><b>11:00</b> Moving to the Music<br><b>11:30</b> Lunch<br><b>12:30</b> Westerns<br><b>3:00</b> Make Christmas Cards for Families<br><b>5:15</b> Call Out the Answer<br><b>5:50</b> Ice Castles Around the World                  | <b>6</b> 9:45 Veteran's Visits<br><b>10:00</b> Current Events<br><b>11:00</b> Noodle Ball<br><b>12:30</b> Polka Spotlight<br><b>2:00</b> <i>The Joyful Sounds (CR) of Christmas w/ Jenni Thyng</i><br><b>3:45</b> Happy Hour<br><b>5:30</b> Say Anything<br><b>5:50</b> Author & Literature Circle                   | <b>7</b> 10:00 Morning Walk<br><b>11:00</b> Balloon Toss<br><b>11:30</b> Lunch<br><b>12:30</b> Musical<br><b>2:45</b> Jigsaw Puzzles<br><b>3:30</b> Ring Toss<br><b>4:30</b> Supper<br><b>5:30</b> Finishing Lyrics<br><b>5:50</b> Name that Place                 |  |   |
| <b>8</b> 10:00 Sunday Devotions<br><b>11:00</b> Paddle Ball<br><b>11:30</b> Lunch<br><b>12:30</b> Barrel of Laughs<br><b>2:00</b> <i>Caroling with Maple Grove Daisies</i><br><b>3:30</b> Candy Cane Fishing<br><b>5:30</b> Hymn Sing<br><b>5:50</b> Reminisce   | <b>9</b> 10:00 Finishing Lines<br><b>11:00</b> Meditation & Stretching<br><b>11:30</b> Lunch<br><b>12:30</b> Everyone Loves Raymond<br><b>2:45</b> Picture This<br><b>3:30</b> Ladder Ball<br><b>4:30</b> Supper<br><b>5:30</b> Outburst<br><b>5:50</b> Singalong                            | <b>10</b> 10:00 Morning Walk<br><b>11:00</b> <i>Decorate Christmas Cookies</i><br><b>12:30</b> TV Classics<br><b>2:15</b> <i>Hanson Family Piano Performance (LO)</i><br><b>3:30</b> <i>Jolly Tyme Social</i><br><b>5:30</b> Reading Round Table<br><b>5:50</b> Thanks for the Memories        | <b>11</b> 10:30 <i>Arbor Lakes Carolers</i><br><b>11:00</b> Barrell of Laughs<br><b>12:30</b> <i>Number Bingo w/Ellen</i><br><b>2:45</b> Bowling<br><b>3:30</b> Word Games<br><b>4:30</b> Supper<br><b>5:30</b> Chicken Soup Stories<br><b>5:50</b> <i>Worship Service</i>  | <b>12</b> 10:00 Morning Visits<br><b>11:00</b> Moving to the Music<br><b>11:30</b> Lunch<br><b>12:30</b> Westerns<br><b>2:45</b> Card Bingo<br><b>3:30</b> <i>Santa's Workshop Christmas Craft</i><br><b>5:30</b> Call Out the Answer<br><b>5:50</b> Singalong    | <b>13</b> 9:45 Veteran's Visits<br><b>10:00</b> Current Events<br><b>11:00</b> Noodle Ball<br><b>12:30</b> Polka Spotlight<br><b>3:00</b> <i>December Birthday Party w/ Games</i><br><b>4:30</b> Supper<br><b>5:30</b> Say Anything<br><b>5:50</b> Author & Literature Circle  | <b>14</b> 10:00 Morning Walk<br><b>11:00</b> Balloon Toss<br><b>11:30</b> Lunch<br><b>12:30</b> Musical<br><b>3:10</b> Bingo<br><b>3:45</b> Scents of Christmas<br><b>4:30</b> Supper<br><b>5:30</b> Finishing Lyrics<br><b>5:50</b> <i>Sunset Piano w/ Adrika</i> |  |   |
| <b>15</b> 10:00 Sunday Devotions<br><b>11:00</b> Paddle Ball<br><b>11:30</b> Lunch<br><b>12:30</b> Holiday Movie<br>Miracle on 34th Street<br><b>3:30</b> Bean Bag Toss<br><b>4:30</b> Supper<br><b>5:30</b> Hymn Sing<br><b>5:50</b> Piano Melodies             | <b>16</b> 10:00 Finishing Lines<br><b>11:00</b> Meditation & Stretching<br><b>11:30</b> Lunch<br><b>12:30</b> Everyone Loves Raymond<br><b>2:45</b> <i>Osseo HS Jazz Band Concert (CR)</i><br><b>3:30</b> Ladder Ball<br><b>4:30</b> Supper<br><b>5:30</b> Outburst<br><b>5:50</b> Singalong | <b>17</b> 10:00 Morning Walk<br><b>11:00</b> Balloon Toss<br><b>11:30</b> Lunch<br><b>1:00</b> <i>CPHS Jazz Band (CR)</i><br><b>2:45</b> Black Jack<br><b>3:30</b> Basketball<br><b>4:30</b> Supper<br><b>5:30</b> Reading Round Table<br><b>5:50</b> Thanks for the Memories                  | <b>18</b> 10:00 <i>Maple Grove MOMS Club Children's Visit</i><br><b>11:30</b> Lunch<br><b>12:30</b> <i>Number Bingo w/Ellen</i><br><b>2:45</b> Bowling<br><b>3:30</b> Word Games<br><b>4:30</b> Supper<br><b>5:30</b> Chicken Soup Stories<br><b>5:50</b> <i>Worship Service</i>                                      | <b>19</b> 10:00 Morning Visits<br><b>11:00</b> Moving to the Music<br><b>11:30</b> Lunch<br><b>12:30</b> Westerns<br><b>2:45</b> <i>Crimson Harmony</i><br><b>3:30</b> Horse Shoes<br><b>5:15</b> Call Out the Answer<br><b>5:50</b> Ice Castles Around the World | <b>20</b> 9:45 Veteran's Visits<br><b>10:00</b> Current Events<br><b>11:00</b> Noodle Ball<br><b>12:30</b> Polka Spotlight<br><b>1:45</b> <i>Home for the Holidays with Tara Brueske (CR)</i><br><b>3:30</b> Hot Cocoa Stories<br><b>5:30</b> Say Anything<br><b>5:50</b> Author & Literature Circle                 | <b>21</b> 10:00 Morning Walk<br><b>11:00</b> Balloon Toss<br><b>11:30</b> Lunch<br><b>12:30</b> Musical<br><b>2:45</b> Jigsaw Puzzles<br><b>3:30</b> Ring Toss<br><b>4:30</b> Supper<br><b>5:30</b> Finishing Lyrics<br><b>5:50</b> Name that Place                |  |   |
| <b>22</b> 10:00 Sunday Devotions<br><b>11:00</b> Paddle Ball<br><b>11:30</b> Lunch<br><b>12:30</b> Barrel of Laughs<br><b>2:45</b> Cover the Tree Dice Game<br><b>3:30</b> Bean Bag Toss<br><b>5:30</b> Hymn Sing<br><b>5:50</b> Reminisce                       | <b>23</b> 10:00 Finishing Lines<br><b>11:00</b> Meditation & Stretching<br><b>11:30</b> Lunch<br><b>12:30</b> Everyone Loves Raymond<br><b>2:45</b> <i>Optical Illusions</i><br><b>3:30</b> Ladder Ball<br><b>4:30</b> Supper<br><b>5:30</b> Outburst<br><b>5:50</b> Singalong               | <b>24</b> <i>Christmas Eve</i><br><b>10:00</b> Singing Around the Christmas Tree<br><b>12:30</b> Christmas in Vienna Concert DVD<br><b>2:45</b> Christmas Bingo<br><b>3:30</b> Snowball Toss Game<br><b>5:30</b> Christmas Readings<br><b>5:50</b> Favorite Christmas Memories                 | <b>25</b> <i>Merry Christmas!!!</i><br><b>10:00</b> Christmas Wishes<br><b>11:00</b> Paddle Ball<br><b>12:30</b> <i>A Christmas Carol - The Concert</i><br><b>2:45</b> <i>Holiday Dice Game</i><br><b>4:00</b> Christmas Ornament Collection<br><b>5:30</b> Christmas Stories<br><b>5:40</b> <i>Christmas Worship</i> | <b>26</b> 10:00 Morning Visits<br><b>11:30</b> Lunch<br><b>12:30</b> Westerns<br><b>2:30</b> Decorate Bulletin Board<br><b>3:30</b> Horse Shoes<br><b>4:30</b> Supper<br><b>5:30</b> Call Out the Answer<br><b>5:50</b> Singalong                                 | <b>27</b> 9:45 Veteran's Visits<br><b>10:00</b> <i>Scripture Reading w/Russ</i><br><b>11:00</b> Noodle Ball<br><b>12:30</b> Polka Spotlight<br><b>1:30</b> <i>Concert w/ Jim Gerber (CR)</i><br><b>3:30</b> <i>KMC Holiday Dance Show (LO)</i><br><b>5:30</b> Say Anything<br><b>5:50</b> Author & Literature Circle | <b>28</b> 10:00 Morning Walk<br><b>11:00</b> Balloon Toss<br><b>11:30</b> Lunch<br><b>12:30</b> Musical<br><b>2:45</b> Bingo<br><b>3:30</b> Golf<br><b>4:30</b> Supper<br><b>5:30</b> Finishing Lyrics<br><b>5:50</b> <i>Sunset Piano w/ Adrika</i>                |  |   |
| <b>29</b> 10:00 Sunday Devotions<br><b>11:00</b> Paddle Ball<br><b>11:30</b> Lunch<br><b>12:30</b> Barrel of Laughs<br><b>2:45</b> Sweep Six Dice Game<br><b>3:30</b> Bean Bag Toss<br><b>4:30</b> Supper<br><b>5:30</b> Hymn Sing<br><b>5:50</b> Piano Melodies | <b>30</b> 10:00 Finishing Lines<br><b>11:00</b> Meditation & Stretching<br><b>11:30</b> Lunch<br><b>12:30</b> Everyone Loves Raymond<br><b>2:45</b> <i>Myths and Legends</i><br><b>3:30</b> Ladder Ball<br><b>4:30</b> Supper<br><b>5:30</b> Outburst<br><b>5:50</b> Singalong               | <b>31</b> <i>New Year's Eve</i><br><b>10:00</b> Party Decorating<br><b>10:30</b> <i>New Year's Eve Party with Amy &amp; Adams</i><br><b>12:30</b> TV Classics<br><b>2:45</b> Black Jack<br><b>3:30</b> Basketball<br><b>5:30</b> New Year's Resolutions<br><b>5:50</b> Thanks for the Memories | <p><b>Don't Miss the Holiday/Anniversary Celebration on Tuesday, December 3 from 4-7pm. Families are more than welcome!</b></p>   |   |  |  |  | Activity Calendar is subject to change. Please check daily postings for any schedule changes. Thank you for your understanding. |