

# September 2022



*Embracing life. Enriching lives.*

**Arbor Lakes Senior Living**

**12001 80th Avenue North Maple Grove, MN 55369**

**Chef / Reservations: 763-575-7026**

**Email: [dennisf@arborlakesseniorliving.com](mailto:dennisf@arborlakesseniorliving.com)**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Meal Times</b> 7:30-9:00 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper			<b>Menu Subject To Seasonal Change</b>  <b>All Menus Are Based On A 5 Week Seasonal Rotation</b>  <b>Chef Is Available To Discuss Any Special Requests/Requirement</b>	1 <b>Noontime Dinner</b> Beef London Broil OR Chicken Parmesan <b>Evening Supper</b> Breaded Chicken Tenderloin OR Asian Beef Bowl	2 <b>Noontime Dinner</b> Prime Rib Au Jus OR Grilled Chicken Oscar <b>Evening Supper</b> Chef's Breakfast Platter OR Grilled Salmon	3 <b>Noontime Dinner</b> Open-Faced Hot Turkey OR Stuffed Cabbage Roll <b>Evening Supper</b> Italian Sausage Pasta Bake OR California Grilled Chicken
		4 <b>Noontime Dinner</b> Garlic Butter Shrimp OR Grilled Caprese <b>Evening Supper</b> Grilled Cheese Sandwich OR Popcorn Chicken Salad	5 <b>Labor Day</b> <b>Noontime Dinner</b> Country Fried Beef Steak OR Potato Chive Crusted Cod <b>Evening Supper</b> Wisconsin Beer Bratwurst OR Sloppy Joe	6 <b>Noontime Dinner</b> Spaghetti and Meat Sauce OR Bacon Wrapped Chicken <b>Evening Supper</b> Bruschetta Flat Bread Pizza OR Biscuits and Sausage Gravy	7 <b>Noontime Dinner</b> Wild Rice Stuffed Chicken OR Pan Fried Perch <b>Evening Supper</b> Beef Taco Salad OR Tuna Salad Croissant	8 <b>Noontime Dinner</b> Korean Style Short Ribs OR French Onion Chicken Breast <b>Evening Supper</b> Home Made Beef Chili OR Grilled Ham and Cheese
11 <b>Noontime Dinner</b> Pork Chow Mein OR Breaded Deep Fried Shrimp <b>Evening Supper</b> Three Cheese Ravioli OR Tuscan Bean Salad	12 <b>Noontime Dinner</b> Chicken Ala King OR Maryland Crab Cakes <b>Evening Supper</b> Macaroni and Cheese OR Sicilian Chicken Salad	13 <b>Noontime Dinner</b> Salisbury Steak OR Boneless Pork Roast <b>Evening Supper</b> Cheesy Hot Dog Roll-Up OR Baked Eggs Strata	14 <b>Noontime Dinner</b> Crunchy Onion Chicken OR Old Fashioned Beef Stew <b>Evening Supper</b> Open-Faced Beef Pot Roast OR Vegetable Fried Rice	15 <b>Noontime Dinner</b> Braised Beef Short Ribs OR Chicken and Dumplings <b>Evening Supper</b> Pulled Pork OR Chipped Beef	16 <b>Noontime Dinner</b> Broiled Walleye OR Grilled Rib Eye Steak <b>Evening Supper</b> Apple Fritter French Toast OR Tempura Shrimp Salad	17 <b>Noontime Dinner</b> Chicken Cordon Blue OR Pollock Fillet <b>Evening Supper</b> Chicken Rigatoni OR Mushroom and Swiss Burger
18 <b>Noontime Dinner</b> Beef Italian Pot Roast OR Coconut Shrimp <b>Evening Supper</b> Chicken Wild Rice Casserole OR Egg Salad Split Top Slider	19 <b>Noontime Dinner</b> BBQ Smoked Beef Brisket OR Butter Breaded Cod <b>Evening Supper</b> Popcorn Shrimp Basket OR French Bread Cheesy Pizza	20 <b>Noontime Dinner</b> Beef and Broccoli Stir Fry OR Champagne Chicken <b>Evening Supper</b> Chicken Wings OR Black Forest Ham Sandwich	21 <b>Noontime Dinner</b> Swedish Meatballs OR Orange Glazed Pork <b>Evening Supper</b> Chicken Chow Mein OR Classic Ryebein	22 <b>Noontime Dinner</b> Southern Style Shrimp OR Turkey Dinner <b>Evening Supper</b> Beef Fajitas Bowl OR Bavarian Smoked Sausage	23 <b>Noontime Dinner</b> Baked Apple Pork Chop OR Maple Pecan Salmon <b>Evening Supper</b> BLT Salad OR Tuna Melt	24 <b>Noontime Dinner</b> Roasted Lemon Thyme Chicken OR Pork Fritter <b>Evening Supper</b> Italian Ham Stromboli OR Turkey American Goulash
25 <b>Noontime Dinner</b> Honey Glazed Ham OR Chicken and Sausage Jambalaya <b>Evening Supper</b> Belgian Waffle OR Hamburger Gravy	26 <b>Noontime Dinner</b> Lemon Pepper Tilapia OR Fennel Country Pork Ribs <b>Evening Supper</b> Loaded Baked Potato OR Classic French Dip	27 <b>Noontime Dinner</b> Italian Sausage Lasagna OR Sweet & Sour Tempura Chicken <b>Evening Supper</b> Hard Shell Chicken Tacos OR Beef & Rice Stuffed Pepper	28 <b>Noontime Dinner</b> Beef Stroganoff OR Apricot Chicken Quarters <b>Evening Supper</b> Cheddar Cheeseburger OR BBQ Chicken Flat Bread Pizza	29 <b>Noontime Dinner</b> Southern Fried Chicken OR Cider Braised Pork Chops <b>Evening Supper</b> Beef Noodle Casserole OR Pub House Cod Sandwich	30 <b>Noontime Dinner</b> Teriyaki Glazed Salmon OR Bistro Fillet of Beef <b>Evening Supper</b> Texas BBQ Brisket Sandwich OR Bowl of Clam Chowder	September 27th  <b>Made to Order Breakfast</b> <b>Main Dining Room</b> <b>8 AM - 9 AM</b> 